

# Sprint Overall Results

Place	Bib Name	Gender	Place	City	State	Swim			Transition to Bike			Bike			Transition to Run			Run							
						Time	Pace	(Cumulative)	Time	Pace	(Cumulative)	Time	Pace	(Cumulative)	Time	Pace	(Cumulative)	Time	Pace	(Cumulative)	Time	Pace	(Cumulative)		
						(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	(Cumulative)	
1	1976 Zack Capets	M	1	Concord	NC	11:15.85	45:19	11:15.85	12:18.35	01:02.50	52:57.96	40:39.61	11 mph	53:38.39	00:40.42	1:07:56.47	7:06	14:18.08	7:40	1:07:56.47	7:06	14:18.08	7:40	1:07:56.47	7:06
2	1973 Stephen Boatman	M	2	Charlotte	NC	14:09.48	56:58	14:09.48	14:34.55	00:25.07	55:37.91	41:03.36	10.9 mph	55:53.91	00:16.00	1:09:19.09	7:15	13:25.17	7:12	1:09:19.09	7:15	13:25.17	7:12	1:09:19.09	7:15
3	4204 Jeffrey Groves	M	3	Greenville	SC	16:49.05	1:07:40	16:49.05	17:09.18	00:20.13	57:11.63	40:02.45	11.2 mph	58:15.74	01:04.10	1:13:56.41	7:44	15:40.66	8:25	1:13:56.41	7:44	15:40.66	8:25	1:13:56.41	7:44
4	4261 Adam Sewell	M	4	Charlotte	NC	12:19.52	49:35	12:19.52	13:50.63	01:31.11	1:00:05.95	46:15.31	9.7 mph	1:03:40.16	00:34.21	1:14:18.61	7:46	13:38.44	7:19	1:14:18.61	7:46	13:38.44	7:19	1:14:18.61	7:46
5	4284 Matthew Zeck	M	5	Charlotte	NC	11:43.06	47:09	11:43.06	15:36.16	03:33.10	1:01:12.27	45:36.11	9.8 mph	1:03:04.44	01:52.16	1:16:39.17	8:01	13:34.73	7:17	1:16:39.17	8:01	13:34.73	7:17	1:16:39.17	8:01
6	4224 Brandon Leck	M	6	Clover	SC	12:52.44	51:48	12:52.44	13:43.47	00:51.03	58:50.10	45:06.63	9.9 mph	59:29.67	00:39.56	1:16:52.04	8:02	17:22.37	9:19	1:16:52.04	8:02	17:22.37	9:19	1:16:52.04	8:02
7	1993 Ian Evans	M	7	Mount Pleasant	SC	12:39.45	50:56	12:39.45	13:44.97	01:05.52	1:01:38.42	47:53.44	9.3 mph	1:02:07.55	00:29.13	1:16:52.14	8:02	14:44.58	7:55	1:16:52.14	8:02	14:44.58	7:55	1:16:52.14	8:02
8	4288 Mark Matiasic	M	8	Matthews	NC	12:59.46	52:16	12:59.46	14:39.00	01:39.54	59:50.57	45:11.74	9.9 mph	1:00:36.11	00:45.36	1:17:43.09	8:07	17:06.97	9:11	1:17:43.09	8:07	17:06.97	9:11	1:17:43.09	8:07
9	1990 Nicholas Dyer	M	9	Cornelius	NC	12:02.97	48:29	12:02.97	12:55.30	00:52.33	1:01:30.63	48:35.33	9.2 mph	1:02:23.31	00:52.67	1:17:52.37	8:08	15:29.06	8:18	1:17:52.37	8:08	15:29.06	8:18	1:17:52.37	8:08
10	4210 Jake Rentz	M	10	Mt Pleasant	SC	14:02.74	56:31	14:02.74	16:40.15	02:37.40	1:01:36.46	44:56.30	10 mph	1:03:12.46	01:36.00	1:18:34.05	8:13	15:21.58	8:14	1:18:34.05	8:13	15:21.58	8:14	1:18:34.05	8:13
11	4235 Kevin Meyers	M	11	Charlotte	NC	17:38.55	1:10:59	17:38.55	20:04.83	02:26.28	1:03:04.74	42:59.91	10.4 mph	1:04:32.43	01:27.68	1:18:46.86	8:14	14:14.42	7:38	1:18:46.86	8:14	14:14.42	7:38	1:18:46.86	8:14
12	4214 Dexter Hobbs	M	12	Charlotte	NC	13:41.66	55:06	13:41.66	15:38.26	01:56.60	1:04:17.16	48:38.89	9.2 mph	1:04:44.49	00:27.32	1:19:18.66	8:17	14:34.16	7:49	1:19:18.66	8:17	14:34.16	7:49	1:19:18.66	8:17
13	4225 Jasper Leck	M	13	Clover	SC	11:45.23	47:17	11:45.23	12:33.10	00:47.87	1:01:22.42	48:49.32	9.2 mph	1:01:55.26	00:32.83	1:19:27.52	8:18	17:32.25	9:24	1:19:27.52	8:18	17:32.25	9:24	1:19:27.52	8:18
14	4282 Charlie Wamke	M	14	MOUNT HOLLY	NC	19:04.70	1:16:46	19:04.70	20:37.29	01:32.59	1:03:43.01	43:05.71	10.4 mph	1:04:34.16	00:51.15	1:20:18.36	8:24	15:44.20	8:27	1:20:18.36	8:24	15:44.20	8:27	1:20:18.36	8:24
15	1985 David Degroot	M	15	Indian Trail	NC	12:35.98	50:42	12:35.98	13:47.01	01:11.03	1:02:34.97	48:47.96	9.2 mph	1:03:31.78	00:56.80	1:20:47.07	8:27	17:15.28	9:15	1:20:47.07	8:27	17:15.28	9:15	1:20:47.07	8:27
16	4281 Blain Vanderhoof	M	16	York	SC	15:58.22	1:04:15	15:58.22	16:23.37	00:25.14	1:06:03.07	49:39.70	9 mph	1:06:29.60	00:26.52	1:21:34.80	8:32	15:05.20	8:06	1:21:34.80	8:32	15:05.20	8:06	1:21:34.80	8:32
17	4238 Steven Moldenhauer	M	17	Charlotte	NC	13:03.22	52:31	13:03.22	14:40.44	01:37.22	1:04:23.11	49:42.67	9 mph	1:05:07.84	00:44.72	1:23:00.46	8:40	17:52.62	9:35	1:23:00.46	8:40	17:52.62	9:35	1:23:00.46	8:40
18	4273 Michael Sterzbach	M	18	Lexington	NC	14:14.78	57:19	14:14.78	16:41.45	02:26.66	1:05:30.73	48:56.28	9.2 mph	1:06:59.27	01:58.54	1:23:06.57	8:41	16:07.30	8:39	1:23:06.57	8:41	16:07.30	8:39	1:23:06.57	8:41
19	4205 Stephen Haire	M	19	Fayetteville	NC	14:10.56	57:02	14:10.56	15:37.29	01:26.72	1:05:31.73	49:54.44	9 mph	1:06:27.95	01:26.22	1:23:16.09	8:42	16:48.14	9:01	1:23:16.09	8:42	16:48.14	9:01	1:23:16.09	8:42
20	4230 Tim Marsh	M	20	Fort Mill	SC	16:15.59	1:05:25	16:15.59	18:50.36	02:34.77	1:05:17.92	46:27.56	9.6 mph	1:06:30.95	01:13.02	1:23:30.66	8:44	16:59.71	9:07	1:23:30.66	8:44	16:59.71	9:07	1:23:30.66	8:44
21	4207 Stephen Harris	M	21	Charleston	SC	14:44.44	59:18	14:44.44	17:11.22	02:26.78	1:06:14.69	49:03.47	9.1 mph	1:06:42.73	00:28.03	1:23:49.16	8:46	17:06.43	9:11	1:23:49.16	8:46	17:06.43	9:11	1:23:49.16	8:46
22	4262 David Sidani	M	22	Charlotte	NC	14:57.98	1:00:13	14:57.98	16:17.00	01:19.01	1:06:18.46	50:01.46	8.9 mph	1:07:26.71	01:08.24	1:23:58.41	8:47	16:31.70	8:52	1:23:58.41	8:47	16:31.70	8:52	1:23:58.41	8:47
23	4247 Timothy Reading	M	23	Tega Cay	SC	14:34.75	58:39	14:34.75	17:21.44	02:46.69	1:04:21.49	47:00.05	8.9 mph	1:05:56.27	01:34.77	1:24:14.72	8:48	18:18.44	9:49	1:24:14.72	8:48	18:18.44	9:49	1:24:14.72	8:48
24	4241 Raymond Nicolla	M	24	Orchard Park	NY	13:40.71	55:02	13:40.71	14:53.70	01:12.99	1:04:49.64	49:55.93	9 mph	1:05:35.35	00:45.71	1:25:11.79	8:54	19:36.44	10:31	1:25:11.79	8:54	19:36.44	10:31	1:25:11.79	8:54
25	1966 George Banks	M	25	Waxhaw	NC	14:14.45	57:18	14:14.45	14:43.86	00:29.41	1:10:52.19	56:08.33	8 mph	1:11:14.50	00:22.30	1:25:34.98	8:57	14:20.48	7:42	1:25:34.98	8:57	14:20.48	7:42	1:25:34.98	8:57
26	4289 Max Smith	M	26	Hickory	NC	14:31.54	58:27	14:31.54	17:15.79	02:44.25	1:07:23.56	50:07.76	8.9 mph	1:08:18.12	00:54.56	1:25:58.28	8:59	17:40.16	9:29	1:25:58.28	8:59	17:40.16	9:29	1:25:58.28	8:59
27	4294 Michael Morgan	M	27	Mills River	NC	15:13.57	1:01:16	15:13.57	17:47.63	02:34.05	1:06:35.49	48:47.86	9.2 mph	1:08:13.57	01:38.08	1:26:22.59	9:02	18:09.01	9:44	1:26:22.59	9:02	18:09.01	9:44	1:26:22.59	9:02
28	4223 Maria Lans	F	1	Raleigh	NC	14:42.07	59:09	14:42.07	15:25.67	00:43.60	1:05:28.22	50:02.55	8.9 mph	1:06:32.17	01:03.94	1:26:53.97	9:05	20:21.80	10:55	1:26:53.97	9:05	20:21.80	10:55	1:26:53.97	9:05
29	4255 Greg Ross	M	28	Mount Holly	NC	17:41.79	1:11:12	17:41.79	19:43.98	02:02.19	1:08:31.10	48:47.11	9.2 mph	1:10:02.22	01:31.12	1:26:54.88	9:05	16:52.66	9:03	1:26:54.88	9:05	16:52.66	9:03	1:26:54.88	9:05
30	1962 Chad Amodio	M	29	Fort Mill	SC	16:45.09	1:07:24	16:45.09	18:55.38	02:10.28	1:07:10.62	48:15.23	9.3 mph	1:09:06.28	01:55.66	1:27:23.06	9:08	18:16.77	9:48	1:27:23.06	9:08	18:16.77	9:48	1:27:23.06	9:08
31	4222 Walker Langley	M	30	Charlotte	NC	15:06.92	1:00:49	15:06.92	17:45.31	02:38.39	1:08:27.83	50:42.51	8.8 mph	1:09:53.19	01:25.36	1:27:59.41	9:12	18:06.22	9:43	1:27:59.41	9:12	18:06.22	9:43	1:27:59.41	9:12
32	1963 Richard Anderson	M	31	Charlotte	NC	14:09.12	56:56	14:09.12	16:37.85	01:51.98	1:08:28.92	50:13.40	8.9 mph	1:09:34.22	01:05.29	1:28:34.50	9:15	19:00.28	10:12	1:28:34.50	9:15	19:00.28	10:12	1:28:34.50	9:15
33	4215 Melissa Howard	F	2	Mooreville	NC	14:45.87	59:24	14:45.87	16:37.85	01:51.98	1:08:17.42	51:39.57	8.7 mph	1:10:04.62	01:47.19	1:28:39.00	9:16	18:34.38	9:58	1:28:39.00	9:16	18:34.38	9:58	1:28:39.00	9:16
34	4244 Cameron Ogle	M	32	Wilmington	NC	15:20.76	1:01:45	15:20.76	16:43.84	01:23.07	1:12:15.35	55:31.51	8.1 mph	1:12:45.47	00:30.12	1:28:43.90	9:16	15:58.42	8:34	1:28:43.90	9:16	15:58.42	8:34	1:28:43.90	9:16
35	4293 Elizabeth Bisson	F	3	Ardur	NC	15:04.54	1:00:39	15:04.54	17:51.46	02:46.91	1:15:53.83	58:02.37	7.7 mph	1:16:32.49	00:38.66	1:29:51.49	9:23	13:18.99	7:09	1:29:51.49	9:23	13:18.99	7:09	1:29:51.49	9:23
36	1989 Guillaume Dumas	M	33	CHARLOTTE	NC	13:16.96	53:26	13:16.96	16:01.14	02:44.17	1:13:09.75	57:08.61	7.8 mph	1:14:03.85	00:54.09	1:30:06.09	9:25	16:02.24	8:36	1:30:06.09	9:25	16:02.24	8:36	1:30:06.09	9:25
37	4251 Brandon Richards	M	34	Waxhaw	NC	14:50.01	59:41	14:50.01	18:09.33	03:19.32	1:10:58.24	52:48.90	8.5 mph	1:12:54.18	01:55.94	1:30:11.69	9:26	17:17.50	9:17	1:30:11.69	9:26	17:17.50	9:17	1:30:11.69	9:26
38	4274 Russell Stevenson	M	35	Morganton	GA	16:32.79																			

Place	Bib Name	Gender	Place City	Swim			Transition to Bike			Bike			Transition to Run			Run				
				State	Time (Cumulative)	Pace	Time	Pace	Time (Cumulative)	Time	Pace	Time (Cumulative)	Time	Pace	Time (Cumulative)	Time	Pace	Time (Cumulative)	Time	Pace
52	4202 Matt Gillon	47: M	Matthews	NC	17:21.65	1:09:51	20:40.95	03:19.30	1:16:13.66	6.1 mph	55:32.71	8.1 mph	1:17:58.98	01:45.31	1:37:33.29	10:12	19:34.31	10:30	1:37:33.29	10:12
53	4290 Carter Miller	48: M	Charlotte	NC	12:39.10	50:54	14:17.37	01:38.26	1:18:50.87	5.9 mph	1:04:33.50	6.9 mph	1:19:47.89	00:57.02	1:38:08.14	10:15	18:20.24	9:50	1:38:08.14	10:15
54	4206 Michael Halstead	49: M	Matthew	NC	14:13.72	57:15	16:19.07	02:05.34	1:24:39.88	5.5 mph	1:08:20.81	6.5 mph	1:24:52.86	00:12.98	1:39:29.01	10:24	14:36.14	7:50	1:39:29.01	10:24
55	4271 Kyle Starling	50: M	Hendersonville	NC	20:33.04	1:22:41	22:01.59	01:28.55	1:19:41.06	5.8 mph	57:39.47	7.8 mph	1:20:48.35	01:07.29	1:40:18.00	10:29	19:29.64	10:27	1:40:18.00	10:29
56	1983 Rodrigo de la Torre	51: M	Charlotte	NC	15:15.75	1:01:24	17:25.05	02:09.30	1:19:21.30	5.8 mph	1:01:56.24	7.2 mph	1:20:04.92	00:43.62	1:40:35.08	10:31	20:30.15	11:00	1:40:35.08	10:31
57	4258 Emily Schemrich	6: F	Charlotte	NC	16:12.64	1:05:13	16:12.64	1:05:13	1:19:37.07	5.6 mph	1:03:01.92	7.1 mph	1:23:19.35	00:40.28	1:40:55.88	10:33	17:36.52	9:27	1:40:55.88	10:33
58	4211 Andrew Hinkle	52: M	Raleigh	NC	15:33.09	1:02:34	18:07.26	02:34.17	1:17:56.11	5.9 mph	59:48.85	7.5 mph	1:19:21.65	01:25.54	1:41:16.83	10:35	21:55.17	11:46	1:41:16.83	10:35
59	1969 Robert Barden	53: M	Charlotte	NC	15:46.67	1:03:29	16:36.61	00:49.94	1:09:32.05	6.6 mph	52:55.43	8.5 mph	1:10:43.81	01:11.75	1:42:09.04	10:41	31:25.23	16:51	1:42:09.04	10:41
60	1977 William Clark	54: M	Mint Hill	NC	15:00.16	1:00:22	15:00.16	1:00:22	1:14:17.28	6.2 mph	56:34.35	7.9 mph	1:17:19.63	03:02.35	1:42:28.05	10:42	25:08.41	13:29	1:42:28.05	10:42
61	1961 Kelly Agnone	55: M	Charlotte	NC	12:53.93	51:54	13:48.51	00:54.58	1:24:56.02	5.4 mph	1:11:07.50	6.3 mph	1:25:25.23	00:29.21	1:43:39.88	10:50	18:14.64	9:47	1:43:39.88	10:50
62	1984 Blaze Dedmon	56: M	Lincolnton	NC	17:43.64	1:11:19	19:20.74	01:37.09	1:24:28.38	5.5 mph	1:05:07.64	6.9 mph	1:25:26.59	00:58.21	1:45:11.78	11:00	19:45.18	10:36	1:45:11.78	11:00
63	4209 Thomas Hengtes	57: M	Fort Mill	SC	18:17.96	1:13:38	22:40.35	04:22.38	1:19:56.72	5.8 mph	57:16.36	7.8 mph	1:23:16.83	03:20.11	1:47:26.93	11:14	24:10.10	12:58	1:47:26.93	11:14
64	1970 John Bartniski	58: M	CHARLOTTE	NC	21:10.40	1:25:11	25:12.56	04:02.16	1:27:41.91	5.3 mph	1:02:29.34	7.2 mph	1:28:42.83	01:00.92	1:48:48.33	11:22	20:05.50	10:47	1:48:48.33	11:22
65	4210 Alfredo Hernandez Franco	59: M	Charlotte	NC	15:48.28	1:03:35	18:38.77	02:50.48	1:33:10.38	5 mph	1:14:31.61	6 mph	1:33:50.60	00:40.21	1:50:07.79	11:31	16:17.19	8:44	1:50:07.79	11:31
66	4291 Kelly Hawkins	7: F	Rock Hill	SC	14:44.73	59:20	17:58.86	03:14.12	1:22:38.53	5.6 mph	1:04:39.67	6.9 mph	1:24:48.68	02:10.15	1:51:23.46	11:38	26:34.77	14:16	1:51:23.46	11:38
67	4278 Brandon Trigg	60: M	Fort Mill	SC	19:48.72	1:19:43	25:05.13	05:16.41	1:29:34.16	5.2 mph	1:04:29.03	6.9 mph	1:31:15.55	01:41.38	1:51:34.76	11:40	20:19.20	10:54	1:51:34.76	11:40
68	4226 Bailey Litchfield	8: F	Charlotte	NC	18:22.28	1:13:55	22:03.65	03:41.36	1:27:04.72	5.3 mph	1:05:01.07	6.9 mph	1:27:53.93	00:49.20	1:51:55.43	11:42	24:01.50	12:53	1:51:55.43	11:42
69	1986 Deborah DeGroot	9: F	Indian Trail	NC	18:25.67	1:14:09	19:57.88	01:32.20	1:24:35.43	5.5 mph	1:00:28.13	6.9 mph	1:25:40.34	01:04.90	1:53:34.53	11:52	27:54.19	14:58	1:53:34.53	11:52
70	1981 Charles Danguy	61: M	Waxhaw	NC	20:04.07	1:20:44	28:07.46	08:03.39	1:28:35.60	5.2 mph	1:04:37.55	6.9 mph	1:29:56.84	01:21.24	1:53:42.49	11:53	23:45.65	12:45	1:53:42.49	11:53
71	4270 Hannah Sparrow	10: F	Evans	GA	14:37.35	58:50	15:29.93	00:52.57	1:27:29.53	5.3 mph	1:11:59.59	6.2 mph	1:28:10.81	00:41.28	1:54:42.90	11:59	26:32.08	14:14	1:54:42.90	11:59
72	4232 Milly Mason	11: F	Durham	NC	14:16.69	57:27	16:27.22	02:10.52	1:34:26.93	4.9 mph	1:17:59.71	5.7 mph	1:35:37.94	01:11.01	1:54:51.42	12:00	19:13.48	10:19	1:54:51.42	12:00
73	4236 Randy Miller	62: M	Mooreville	NC	20:44.03	1:23:25	24:53.91	04:09.87	1:28:26.85	5.2 mph	1:03:32.94	7 mph	1:31:29.99	03:03.13	1:54:57.95	12:01	23:27.96	12:35	1:54:57.95	12:01
74	4269 Kayla Southwood	12: F	Fort Mill	SC	22:01.00	1:28:35	23:01.09	01:00.09	1:33:12.08	5 mph	1:10:10.98	6.4 mph	1:33:44.63	00:32.54	1:55:05.26	12:02	21:20.63	11:27	1:55:05.26	12:02
75	1982 Michael Day	63: M	Advance	NC	24:45.04	1:39:35	24:45.04	1:39:35	1:38:59.38	5.1 mph	59:01.49	7.6 mph	1:32:49.89	01:50.50	1:56:04.14	12:08	23:14.25	12:28	1:56:04.14	12:08
76	4276 Chris Tarpey	64: M	Brevard	NC	20:20.24	1:21:49	20:20.24	1:21:49	1:28:34.20	5.2 mph	1:05:17.37	6.9 mph	1:31:32.02	02:57.81	1:56:25.22	12:10	24:53.20	13:21	1:56:25.22	12:10
77	4260 Hank Segal	65: M	York	SC	22:51.85	1:31:59	25:22.55	02:30.70	1:24:14.06	5.5 mph	58:51.50	7.6 mph	1:26:01.34	01:47.28	1:57:07.12	12:14	31:05.77	16:41	1:57:07.12	12:14
78	4279 Carter Turney	66: M	Haw River	NC	27:07.55	1:08:54	17:49.51	00:41.96	1:36:21.56	4.8 mph	1:18:32.04	5.7 mph	1:37:07.69	00:46.13	1:57:27.57	12:16	20:19.88	10:54	1:57:27.57	12:16
79	4252 Britt Ritter	67: M	Pittsboro	NC	22:33.46	1:30:45	23:38.56	01:05.09	1:33:46.28	4.9 mph	1:10:07.91	6.4 mph	1:36:48.96	03:02.47	1:57:59.34	12:20	21:10.38	11:30	1:57:59.34	12:20
80	1997 Keith French	68: M	Charlotte	NC	19:54.22	1:20:05	22:17.89	02:23.67	1:37:32.96	4.7 mph	1:15:15.06	5.9 mph	1:38:50.93	01:17.97	1:58:26.15	12:23	19:35.21	10:30	1:58:26.15	12:23
81	1978 Ed Coombs	69: M	Charlotte	NC	15:42.11	1:03:10	15:42.11	1:03:10	1:29:31.34	5.2 mph	1:11:04.82	6.3 mph	1:30:49.25	01:17.91	1:59:12.96	12:28	28:23.70	15:14	1:59:12.96	12:28
82	2000 Jeremiah Gill	70: M	Huntersville	NC	20:31.19	1:22:34	21:24.58	00:53.39	1:38:50.83	4.7 mph	1:17:26.24	5.8 mph	1:39:28.93	00:38.10	1:59:41.30	12:30	20:12.36	10:50	1:59:41.30	12:30
83	4201 Jordan Gill	83: M	Fayetteville	NC	20:29.81	1:22:28	21:07.30	00:37.48	1:38:34.56	4.7 mph	1:17:27.26	5.8 mph	1:39:15.27	00:40.71	1:59:41.40	12:30	20:26.13	10:58	1:59:41.40	12:30
85	1998 Shae Gajewski	13: F	Charlotte	NC	15:50.48	1:03:44	17:02.44	01:11.96	1:41:02.21	4.6 mph	1:23:59.76	5.3 mph	1:41:40.69	00:38.47	2:03:14.61	12:53	21:33.92	11:34	2:03:14.61	12:53
86	4237 Akim Mitchell	73: M	Charlotte	NC	16:14.49	1:05:21	18:41.04	02:26.55	1:49:19.43	4.2 mph	1:30:38.39	4.9 mph	1:49:51.33	00:31.90	2:05:55.10	13:10	16:03.77	8:37	2:05:55.10	13:10
87	4283 Saylor Watson	14: F	Valdese	NC	11:09.27	44:53	12:20.68	01:11.41	1:45:00.83	4.4 mph	1:32:40.14	4.8 mph	1:45:38.04	00:37.21	2:06:48.76	13:15	21:10.71	11:22	2:06:48.76	13:15
88	1987 Katrina DeVore	15: F	Hickory	NC	20:16.11	1:21:33	24:41.23	04:25.11	1:40:18.05	4.6 mph	1:15:36.81	5.9 mph	1:41:00.07	00:42.02	2:07:20.85	13:18	26:20.77	14:08	2:07:20.85	13:18
89	4243 Kyle OBrien	74: M	Charlotte	NC	21:36.42	1:26:56	25:00.06	03:23.64	1:35:50.24	4.8 mph	1:10:50.17	6.3 mph	1:41:14.01	05:23.77	2:08:24.15	13:25	27:10.13	14:34	2:08:24.15	13:25
90	4285 Joyce Zhu	16: F	Gastonia	NC	16:47.86	1:07:35	17:37.52	00:49.66	1:46:33.42	4.3 mph	1:28:55.89	5 mph	1:47:03.81	00:30.38	2:08:29.57	13:26	21:25.76	11:30	2:08:29.57	13:26
91	4221 Grace Kucera	91: F	Gastonia	NC	16:46.84	1:07:31	17:36.88	00:50.04	1:46:32.04	4.3 mph	1:28:55.15	5 mph	1:47:02.97	00:30.93	2:08:30.02	13:26	21:27.04	11:30	2:08:30.02	13:26
92	1994 Izel Favela	18: F	Charlotte	NC	18:27.10	1:14:14	21:42.10	03:14.90	1:39:27.67	4.6 mph	1:17:45.67	5.8 mph	1:40:19.52	00:51.84	2:08:43.77	13:27	28:24.24	15:14	2:08:43.77	13:27
93	1968 Coleman Barber	75: M	Rock Hill	SC	32:33.78	2:11:01	34:38.15	02:04.36	1:48:04.48	4.3 mph	1:17:45.67	5.8 mph	1:40:19.52	00:51.86	2:14:53.23	14:06	25:55.88	13:55	2:14:53.23	14:06
94	1996 Lajuan Flynn	19: F	Mooreville	NC	29:19.08	1:57:57	31:15.18	01:56.10	1:44:07.42	4.4 mph	1:12:52.24	6.1 mph	1:45:59.94	01:52.51	2:16:13.11	14:14	30:13.17	16:13	2:16:13.11	14:14
95	4259 Louise Schoeman	76: F	Grovetown	GA	15:48.91	1:03:38	18:04.27	02:15.36	2:00:42.77	3.8 mph	1:42:38.50	4.4 mph	2:01:18.27	00:35.49	2:19:30.38	14:35	18:12.10	9:46	2:19:30.38	14:35
96	4246 Michael Pigott	20: M	Denver	NC	19:57.58	1:20:18	23:09.48	03:11.89	1:57:38.40	3.9 mph	1:34:28.92	4.7 mph	1:58:29.39	00:50.98	2:21:02.11	14:44	22:32.72	14:56	2:21:02.11	14:44
97	4215 Heather Roach	21: F	Cornelius	NC	18:54.83	1:16:06	24:17.65	05:22.82	1:55:30.19	4 mph	1:31:12.54	4.9 mph	1:56:36.84	01:06.65	2:24:19.24	15:05	27:42.39	15:22	2:24:19.24	15:05
98	4217 Wayne Huggins	77: M	Moore	SC																