

Frigid 2019
Age Group Results

Frigid 10k

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	REBECCA SWANSON	CONCORD NC	18	3367	45	1:23:01.9	8:18/K	
2	JOSIE PEPLINSKI	CHARLOTTE NC	18	3375	58	1:29:39.7	8:58/K	6:37.8

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	NORA LOGAN	CHARLOTTE NC	24	770	2	1:02:37.9	6:16/K	
2	ELIZABETH MILLAR	ANDOVER MA	22	785	3	1:04:06.0	6:25/K	1:28.0
3	ANNA MILLAR	CHARLOTTE NC	24	3356	4	1:04:21.8	6:26/K	1:43.8
4	DORA CALLAHAN	DAVIDSON NC	24	789	5	1:04:31.8	6:27/K	1:53.8
5	Morgan McGarth	Charlotte NC	24	3511	6	1:04:32.7	6:27/K	1:54.7
6	DULCE GIEMANSKI	BELMONT NC	24	920	7	1:05:22.1	6:32/K	2:44.1
7	SHANNON LEED	CHARLOTTE NC	24	2994	20	1:14:27.5	7:27/K	11:49.5
8	ELIZABETH BREWER	INDIAN TRAIL NC	24	3305	24	1:14:57.8	7:30/K	12:19.9
9	OLIVIA DUKE	CHARLOTTE NC	24	911	26	1:15:14.3	7:31/K	12:36.4
10	BETSY HINSON	MONROE NC	21	907	29	1:16:49.0	7:41/K	14:11.1
11	MARY SPAIN	CHARLOTTE NC	22	3337	44	1:22:59.7	8:18/K	20:21.7
12	AUBREY LANEY	MONROE NC	22	3000	47	1:23:21.1	8:20/K	20:43.2
13	LINDSEY BROWN	RICHMOND VA	21	1391	49	1:23:43.8	8:22/K	21:05.8
14	ANNA MELSON	MONROE NC	24	3400	70	1:48:09.5	10:49/K	45:31.6

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	HANNAH SANBORN	HUNTERSVILLE NC	29	757	1	53:52.2	5:23/K	
2	BRANDEE THOMAS	CHARLOTTE NC	29	772	8	1:06:52.8	6:41/K	13:00.6
3	REBEKAH STOCKOWSKI	CHARLOTTE NC	29	904	10	1:08:15.4	6:50/K	14:23.1
4	MOLLY MULHOLLAND	CHARLOTTE NC	25	3361	12	1:09:37.7	6:58/K	15:45.5
5	SHELLY DOBOSY	CHARLOTTE NC	29	1346	13	1:11:06.7	7:07/K	17:14.4
6	RACHEL LAMBERT	DURHAM NC	26	1343	15	1:11:33.5	7:09/K	17:41.2
7	HANNAH BEAR REBELE	CHARLOTTE NC	27	1331	16	1:12:51.7	7:17/K	18:59.5
8	LAUREN THOMAS	DURHAM NC	29	917	30	1:16:55.3	7:42/K	23:03.1
9	CAROLYN COLLINS	CHARLOTTE NC	27	2993	31	1:17:06.5	7:43/K	23:14.3
10	JEMMA MOTTERSHEAD	CHARLOTTE NC	29	2999	37	1:20:00.2	8:00/K	26:07.9
11	TAYLOR SPOLTRE	DUNCAN SC	25	3338	51	1:24:22.1	8:26/K	30:29.8
12	KRISTEN RICE	DALLAS NC	26	3340	52	1:26:34.0	8:39/K	32:41.7
13	LOGAN HUDSON	BELMONT NC	26	3341	53	1:26:34.9	8:39/K	32:42.6
14	LAUREN KONCHAN	CHARLOTTE NC	25	3353	57	1:28:41.9	8:52/K	34:49.7
15	BRITTANY COMER	GREENVILLE SC	27	1321	63	1:35:25.9	9:33/K	41:33.6
16	GRACE JAMESON	ASHEVILLE NC	27	3339	64	1:35:31.5	9:33/K	41:39.3

*Overall place within gender

Frigid 2019
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Female 25 to 29

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
17	ELIZABETH ZEGOWITZ	HUNTERSVILLE NC	28	3360	69	1:48:06.8	10:49/K	54:14.5
18	RACHAEL LINDSCO	CHESTER SC	27	3348	71	2:22:46.4	14:17/K	1:28:54.
19	ROSE FENTON	GREENVILLE SC	27	3352	72	2:22:46.6	14:17/K	1:28:54.

Female 30 to 34

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
1	SHELLEY BACKSTROM	CHARLOTTE NC	30	1334	14	1:11:22.7	7:08/K	
2	HELEN GARDNER	DAVIDSON NC	32	1390	22	1:14:36.7	7:28/K	3:14.0
3	BRANDY ROWE	SWANNANOVA NC	34	1394	23	1:14:48.2	7:29/K	3:25.5
4	CADY BAERTSCHI	FLETCHER NC	30	3387	25	1:15:07.9	7:31/K	3:45.2
5	BRITT STANFORD	WINSTON SALEM NC	30	1328	38	1:20:18.3	8:02/K	8:55.5
6	AMANDA LYTZ	CHARLOTTE NC	34	3409	40	1:21:27.7	8:09/K	10:05.0
7	LINDSAY NAGELE	CHARLOTTE NC	31	3402	41	1:21:40.7	8:10/K	10:18.0

Female 35 to 39

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
1	ANNA SHERROD	CHARLOTTE NC	38	3334	11	1:08:52.0	6:53/K	
2	COURTNEY WILSON	MOORESVILLE NC	36	1333	17	1:13:42.5	7:22/K	4:50.4
3	KIM TACKSON	MATTHEWS NC	37	1327	19	1:14:20.8	7:26/K	5:28.7
4	KATIE KAZUKYNAS	CHARLOTTE NC	38	3304	21	1:14:33.9	7:27/K	5:41.9
5	SARAH ECKHOFF	CHARLOTTE NC	36	3345	27	1:15:16.5	7:32/K	6:24.5
6	BLAIR DIAMOND	WINSTON SALEM NC	38	3371	32	1:17:08.6	7:43/K	8:16.6
7	HILARY LANEY	SWANNANOVA NC	36	3362	42	1:22:17.6	8:14/K	13:25.6
8	KATIE TREBING	MT. ULLA NC	35	3342	43	1:22:44.4	8:16/K	13:52.3
9	JEN TRUDELE	GASTONIA NC	39	3363	46	1:23:07.4	8:19/K	14:15.3
10	MOLLY GARTLAN	CHARLOTTE NC	38	3347	48	1:23:29.7	8:21/K	14:37.7
11	MEAGAN BULLOCK	CHARLOTTE NC	35	3394	65	1:37:02.7	9:42/K	28:10.6
12	AMANDA PLYLER	MONROE NC	37	3399	68	1:48:04.6	10:48/K	39:12.5

Female 40 to 44

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
1	TRACIE BEAN	HARTSVILLE SC	42	3359	33	1:17:11.2	7:43/K	
2	ALLISON	MCADENVILLE NC	42	3372	50	1:24:21.0	8:26/K	7:09.7
3	ANNA TINDAL	FORT MILL SC	40	1337	54	1:26:48.1	8:41/K	9:36.9
4	PEPPER MAHIN	MOUNT HOLLY NC	40	3410	55	1:27:08.2	8:43/K	9:57.0
5	LAUREN CHRISTENSEN	TEGA CAY SC	41	3427	56	1:27:08.9	8:43/K	9:57.7

*Overall place within gender

Race Date
February 09, 2019

Frigid 2019
Age Group Results

Frigid 10k

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
6	Krista Murphy	Charlotte NC	44	3510	60	1:30:18.2	9:02/K	13:07.0
7	ERICA WALSH	CHARLOTTE NC	42	3404	61	1:35:21.4	9:32/K	18:10.2

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	MICHELLE FORD	HUNTERSVILLE NC	46	1332	9	1:07:04.2	6:42/K	
2	BETSY SHUSTER	CHARLOTTE NC	46	3373	28	1:16:03.4	7:36/K	8:59.1
3	JEN KAUFMAN	CHARLOTTE NC	47	3501	34	1:17:32.9	7:45/K	10:28.7
4	ANN NESTER	HARTSVILLE SC	47	1395	35	1:18:06.9	7:49/K	11:02.6
5	JASON PEPLINSKI	CHARLOTTE NC	47	3374	59	1:29:40.9	8:58/K	22:36.6
6	TRACY INGHAM	CHARLOTTE NC	46	3403	62	1:35:21.7	9:32/K	28:17.5
7	MELISSA MULLANEY	GASTONIA NC	48	3406	66	1:45:38.7	10:34/K	38:34.5
8	MIRELLA CASANOVA	CHARLOTTE NC	48	3411	67	1:47:47.9	10:47/K	40:43.7

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	LISA BRANNAN	STANLEY NC	52	1348	18	1:14:19.2	7:26/K	
2	ELIZABETH MILLER	CHARLOTTE NC	54	3368	36	1:19:00.9	7:54/K	4:41.7

Female 55 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	ANN ALLEN	CONCORD NC	56	3388	39	1:20:37.0	8:04/K	

*Overall place within gender

Frigid 2019
Age Group Results

Frigid 10k

Male 14 and Under

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
1	MATTHEW LUKE	ARDEN NC	14	914	47	1:09:52.7	6:59/K	
2	MALACHI BEST-DENNIS	CHARLOTTE NC	10	3309	97	1:24:59.4	8:30/K	15:06.7
3	GAVIN MCSWAIN	ROCK HILL SC	14	765	112	1:36:43.3	9:40/K	26:50.6

Male 15 to 19

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
1	JACK HODGES	ARDEN NC	15	915	17	1:00:08.7	6:01/K	
2	PATRICK SHEA	ARDEN NC	17	913	35	1:05:26.7	6:33/K	5:17.9
3	NOAH WELTON	MIDDLEBURG FL	17	3333	106	1:30:48.2	9:05/K	30:39.4

Male 20 to 24

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
1	KEVIN PACK	DOBSON NC	23	754	1	46:01.2	4:36/K	
2	BLAKE PARKER	FAYETTEVILLE NC	24	779	15	58:33.5	5:51/K	12:32.3
3	NICK BOYD	CHARLOTTE NC	23	3397	63	1:13:01.6	7:18/K	27:00.4
4	TREVOR BARNETTE	MONROE NC	21	908	74	1:17:02.5	7:42/K	31:01.3
5	CAMERON PRICE	MONROE NC	23	3205	83	1:18:55.2	7:54/K	32:54.0
6	COLBY BARNETTE	MONROE NC	24	3306	93	1:22:24.7	8:14/K	36:23.5
7	JUSTIN ALFORD	CHARLOTTE NC	22	1318	103	1:27:52.6	8:47/K	41:51.4

Male 25 to 29

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
1	KARL EDINGER	CHARLOTTE NC	25	762	3	51:25.4	5:09/K	
2	BRENDAN POPE	CHARLOTTE NC	28	758	4	51:43.4	5:10/K	0:17.9
3	CRUSER BARNES	FORT BRAGG NC	26	751	6	54:16.5	5:26/K	2:51.0
4	IAN COMBEST	CLEMMONS NC	25	3502	9	56:06.0	5:37/K	4:40.5
5	ADAM THOMPSON	CHARLOTTE NC	28	905	16	58:52.3	5:53/K	7:26.8
6	DAVID ILLING	CHARLOTTE NC	26	788	18	1:00:16.0	6:02/K	8:50.5
7	THOMAS NEESE	CHARLOTTE NC	26	768	21	1:00:47.1	6:05/K	9:21.6
8	PATRICK BOHANON	CHARLOTTE NC	27	1340	23	1:01:03.5	6:06/K	9:38.0
9	JOHN BANE	HARDY VA	29	781	25	1:02:06.1	6:13/K	10:40.6
10	SPENCER FARRIS	VALDESE NC	27	2749	31	1:03:49.4	6:23/K	12:23.9
11	TRUETT GRIGG	CHARLOTTE NC	27	1326	33	1:03:56.7	6:24/K	12:31.2
12	EMMANUEL LOREDO	BELMONT NC	25	784	36	1:05:56.8	6:36/K	14:31.3
13	TYLER MASTERA	YORK SC	27	782	40	1:07:28.7	6:45/K	16:03.2
14	LOGAN SHORT	CHARLOTTE NC	29	2998	41	1:08:54.4	6:53/K	17:28.9

*Overall place within gender

Frigid 2019
Age Group Results

Frigid 10k

Male 25 to 29

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
15	JOHN SHERIDAN	BLUE RIDGE VA	28	3335	56	1:10:49.8	7:05/K	19:24.3
16	BOBBY CHAMBERS	CHARLOTTE NC	27	2988	57	1:11:07.0	7:07/K	19:41.5
17	AUSTIN STROUPE	LINCOLN TON NC	28	916	65	1:13:49.6	7:23/K	22:24.1
18	ALEX VENG	CHARLOTTE NC	27	1335	68	1:14:53.4	7:29/K	23:28.0
19	KYLE DAVIS	CHARLOTTE NC	29	3343	70	1:15:40.7	7:34/K	24:15.2
20	BRANDON COLLINS	CHARLOTTE NC	29	2992	75	1:17:07.6	7:43/K	25:42.1
21	JAMES CURLEY	GASTONIA NC	27	3383	92	1:21:40.2	8:10/K	30:14.7
22	ULYSSES UNGOS	GREENSBORO NC	26	2991	94	1:23:00.5	8:18/K	31:35.0
23	JACOB ALLEN	CONCORD NC	27	3389	99	1:26:54.3	8:41/K	35:28.9
24	ALEX LAMBERT	CHARLOTTE NC	26	780	104	1:28:03.1	8:48/K	36:37.6
25	LUCIAN MAJORS	MOUNT HOLLY NC	28	1396	105	1:30:31.8	9:03/K	39:06.3

Male 30 to 34

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
1	CODY WHELAN	CHARLOTTE NC	31	761	13	58:15.9	5:50/K	
2	JORDAN PETERSON	GRANADA MN	30	752	20	1:00:34.5	6:03/K	2:18.5
3	OLI WIESEL	CHARLOTTE NC	31	786	27	1:02:30.5	6:15/K	4:14.5
4	JASON LOVELACE	MOUNT HOLLY NC	32	776	29	1:03:26.0	6:21/K	5:10.1
5	KYLE FAZIO	CONCORD NC	32	774	32	1:03:54.0	6:23/K	5:38.1
6	DUFFY FRAY	WAXHAW NC	30	3377	34	1:04:12.8	6:25/K	5:56.8
7	DAVID SCHMIDT	FORT MILL SC	31	1392	38	1:06:41.4	6:40/K	8:25.5
8	JUSTIN DECK	WILMINGTON NC	34	783	39	1:06:47.8	6:41/K	8:31.8
9	NATHAN RATER	GASTONIA NC	31	3350	42	1:08:54.5	6:53/K	10:38.6
10	SEPH MARD	CHARLOTTE NC	32	3344	43	1:09:13.6	6:55/K	10:57.6
11	RYAN SPENCER	CHARLOTTE NC	30	1342	44	1:09:18.4	6:56/K	11:02.4
12	BRANDON BAERTSCHI	FLETCHER NC	32	3386	46	1:09:29.8	6:57/K	11:13.9
13	CHRISTOPHER BRADY	MATTHEWS NC	32	1347	49	1:10:19.6	7:02/K	12:03.6
14	CHRISTOPHER	WINSTON SALEM NC	31	3346	51	1:10:30.9	7:03/K	12:15.0
15	STEVE FAIVRE	FORT MILL SC	33	787	54	1:10:38.4	7:04/K	12:22.4
16	BRENT THOMAS	CHARLOTTE NC	30	773	60	1:11:29.4	7:09/K	13:13.5
17	ROBERT CATALDO	CONCORD NC	30	3370	61	1:11:54.4	7:11/K	13:38.5
18	LUIS MENDEZ	CHARLOTTE NC	34	3473	64	1:13:20.4	7:20/K	15:04.4
19	IAN HORKLEY	CHARLOTTE NC	30	910	69	1:15:14.7	7:31/K	16:58.7
20	JOSIAH ALLEN	KANNAPOLIS NC	30	3390	73	1:16:10.5	7:37/K	17:54.6
21	FENN ALLEN	MOORESVILLE NC	32	3357	80	1:18:14.1	7:49/K	19:58.1
22	JAMES MAXWELL	FORT MILL SC	34	1398	86	1:19:58.8	8:00/K	21:42.8
23	GRANT RUST	WINSTON SALEM NC	34	3396	87	1:20:25.6	8:03/K	22:09.6
24	ANDREW NAGELE	CHARLOTTE NC	31	3376	89	1:20:37.2	8:04/K	22:21.3
25	STEFAHN ORR	CHARLOTTE NC	32	3336	90	1:20:41.1	8:04/K	22:25.2
26	JONATHAN HAYES	CHARLOTTE NC	30	3395	102	1:27:36.7	8:46/K	29:20.8

*Overall place within gender

Frigid 2019
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Frigid 10k

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	ROBERT KOCH	CHARLOTTE NC	36	759	5	53:59.8	5:24/K	
2	Aaron BLAIS	CHARLOTTE NC	35	753	7	54:29.8	5:27/K	0:30.0
3	KEVIN LIST	CHARLOTTE NC	35	778	14	58:26.4	5:51/K	4:26.6
4	JOSHUA LANDON	CHARLOTTE NC	37	766	19	1:00:20.4	6:02/K	6:20.6
5	SEAN MCSHERRY	PINEHURST NC	35	767	22	1:01:01.3	6:06/K	7:01.5
6	BENJAMIN GOFF	CONCORD NC	39	1341	26	1:02:15.6	6:14/K	8:15.8
7	KEVIN DEVINE	CHARLOTTE NC	35	3392	45	1:09:26.6	6:57/K	15:26.8
8	ZACH MOORE	Banner Elk NC	35	3505	53	1:10:35.0	7:04/K	16:35.2
9	JORDAN STANTON	FORT MILL SC	36	1397	66	1:14:20.7	7:26/K	20:20.9
10	PHIL GOREY	Banner Elk NC	36	3506	95	1:24:05.4	8:25/K	30:05.6
11	MICHAEL DENNIS	CHARLOTTE NC	39	3308	98	1:25:03.4	8:30/K	31:03.6

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	GREGG GARRISON	CORNELIUS NC	43	756	11	57:03.0	5:42/K	
2	KEVIN RINSCHLER	HUNTERSVILLE NC	42	760	12	57:26.7	5:45/K	0:23.7
3	JAMESON ELLIS	MATTHEWS NC	42	1330	37	1:06:26.5	6:39/K	9:23.5
4	JEFF HOWELL	CHARLOTTE NC	43	1325	48	1:10:13.8	7:01/K	13:10.8
5	MONTE MAHIN	MOUNT HOLLY NC	44	2995	52	1:10:33.2	7:03/K	13:30.2
6	Jimmy Stone	Granite Falls NC	44	3508	55	1:10:43.6	7:04/K	13:40.6
7	GEO MARQUES NETO	CHARLOTTE NC	44	1320	58	1:11:13.3	7:07/K	14:10.3
8	GABRIELE RUDATIS	HUNTERSVILLE NC	40	3354	72	1:16:03.6	7:36/K	19:00.6
9	LAYTON HOLSINGER	DAVIDSON NC	42	3369	76	1:17:09.1	7:43/K	20:06.1
10	MARCELO OSTAIZA	CHARLOTTE NC	40	3426	81	1:18:14.4	7:49/K	21:11.4
11	DANA CHRISTENSEN	TEGA CAY SC	40	3471	100	1:27:11.5	8:43/K	30:08.5
12	DOUG MISHOE	CHARLOTTE NC	43	3391	101	1:27:28.0	8:45/K	30:25.0
13	TORY ERVIN	DUNCAN SC	41	3405	107	1:31:03.7	9:06/K	34:00.6
14	RAY MARTIN	ROCK HILL SC	42	1336	111	1:33:46.7	9:23/K	36:43.7
15	SHAWN REEN	YORK SC	44	3408	114	1:41:05.5	10:07/K	44:02.5

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	JASON CAREY	CHARLOTTE NC	47	769	8	56:05.5	5:37/K	
2	BARRY LAW	CHARLOTTE NC	47	771	67	1:14:20.7	7:26/K	18:15.2
3	MARCUS ALMOND	HICKORY NC	45	1349	71	1:15:41.3	7:34/K	19:35.8
4	ADAM KAUFMAN	CHARLOTTE NC	47	3500	78	1:17:33.0	7:45/K	21:27.5
5	STEVEN WELTON	MIDDLEBURG FL	48	3311	91	1:21:12.3	8:07/K	25:06.8
6	HERBERT LOPES	CHARLOTTE NC	46	3303	96	1:24:25.2	8:27/K	28:19.6

*Overall place within gender

Frigid 2019
Age Group Results

Frigid 10k

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
7	CARY MILLER	ROCK HILL SC	48	1338	109	1:31:09.8	9:07/K	35:04.3
8	WILLIAM MCSWAIN	ROCK HILL SC	46	764	110	1:33:46.2	9:23/K	37:40.7
9	SANJAY SINGH	CHARLOTTE NC	48	2997	113	1:40:03.3	10:00/K	43:57.8

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	BILL SHIRES	CHARLOTTE NC	54	755	2	50:26.8	5:03/K	
2	BRENT CAWN	CHARLOTTE NC	50	777	24	1:01:59.1	6:12/K	11:32.2
3	Billy Goodins	Clover SC	54	3509	28	1:02:36.0	6:16/K	12:09.2
4	RICHARD SPENCER	CHARLOTTE NC	50	1345	30	1:03:34.1	6:21/K	13:07.2
5	CHRISTOPHER ZECCA	Thomasville NC	50	3507	59	1:11:22.3	7:08/K	20:55.4
6	WILLIAM BULLOCK	MCLEAN VA	50	3310	85	1:19:55.8	8:00/K	29:28.9
7	DAVID HOWARD	CLOVER SC	52	1339	108	1:31:08.5	9:07/K	40:41.6

Male 55 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	FENN ALLEN	CONCORD NC	56	3358	10	56:43.3	5:40/K	
2	JOSEPH VALLATINI	BOSTON MA	58	775	50	1:10:21.5	7:02/K	13:38.2
3	STEVE SHIVE	SALISBURY NC	65	1319	62	1:12:54.6	7:17/K	16:11.3
4	MICHAEL COMBEST	CLEMMONS NC	66	3503	77	1:17:29.5	7:45/K	20:46.2
5	LEROY TOWNSEND	HARRISBURG NC	55	1344	79	1:17:54.8	7:47/K	21:11.4
6	BOBBY GRIGG	MINT HILL NC	57	3355	82	1:18:17.1	7:50/K	21:33.8
7	RORY REGAN	CHARLOTTE NC	56	1350	84	1:19:07.2	7:55/K	22:23.8
8	SHAWN OVERCASH	CHARLOTTE NC	56	3393	88	1:20:28.8	8:03/K	23:45.5

*Overall place within gender

Frigid 2019

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Overall Finish List**Frigid 10k**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	KEVIN PACK	DOBSON NC	754	23	M	1 20-24	46:01.2	4:36/K
2	BILL SHIRES	CHARLOTTE NC	755	54	M	1 50-54	50:26.8	5:03/K
3	KARL EDINGER	CHARLOTTE NC	762	25	M	1 25-29	51:25.4	5:09/K
4	BRENDAN POPE	CHARLOTTE NC	758	28	M	2 25-29	51:43.4	5:10/K
5	HANNAH SANBORN	HUNTERSVILLE NC	757	29	F	1 25-29	53:52.2	5:23/K
6	ROBERT KOCH	CHARLOTTE NC	759	36	M	1 35-39	53:59.8	5:24/K
7	CRUSER BARNES	FORT BRAGG NC	751	26	M	3 25-29	54:16.5	5:26/K
8	Aaron BLAIS	CHARLOTTE NC	753	35	M	2 35-39	54:29.8	5:27/K
9	JASON CAREY	CHARLOTTE NC	769	47	M	1 45-49	56:05.5	5:37/K
10	IAN COMBEST	CLEMMONS NC	3502	25	M	4 25-29	56:06.0	5:37/K
11	FENN ALLEN	CONCORD NC	3358	56	M	1 55-99	56:43.3	5:40/K
12	GREGG GARRISON	CORNELIUS NC	756	43	M	1 40-44	57:03.0	5:42/K
13	KEVIN RINSCHLER	HUNTERSVILLE NC	760	42	M	2 40-44	57:26.7	5:45/K
14	CODY WHELAN	CHARLOTTE NC	761	31	M	1 30-34	58:15.9	5:50/K
15	KEVIN LIST	CHARLOTTE NC	778	35	M	3 35-39	58:26.4	5:51/K
16	BLAKE PARKER	FAYETTEVILLE NC	779	24	M	2 20-24	58:33.5	5:51/K
17	ADAM THOMPSON	CHARLOTTE NC	905	28	M	5 25-29	58:52.3	5:53/K
18	JACK HODGES	ARDEN NC	915	15	M	1 15-19	1:00:08.7	6:01/K
19	DAVID ILLING	CHARLOTTE NC	788	26	M	6 25-29	1:00:16.0	6:02/K
20	JOSHUA LANDON	CHARLOTTE NC	766	37	M	4 35-39	1:00:20.4	6:02/K
21	JORDAN PETERSON	GRANADA MN	752	30	M	2 30-34	1:00:34.5	6:03/K
22	THOMAS NEESE	CHARLOTTE NC	768	26	M	7 25-29	1:00:47.1	6:05/K
23	SEAN MCSHERRY	PINEHURST NC	767	35	M	5 35-39	1:01:01.3	6:06/K
24	PATRICK BOHANON	CHARLOTTE NC	1340	27	M	8 25-29	1:01:03.5	6:06/K
25	BRENT CAWN	CHARLOTTE NC	777	50	M	2 50-54	1:01:59.1	6:12/K
26	JOHN BANE	HARDY VA	781	29	M	9 25-29	1:02:06.1	6:13/K
27	BENJAMIN GOFF	CONCORD NC	1341	39	M	6 35-39	1:02:15.6	6:14/K
28	OLI WIESEL	CHARLOTTE NC	786	31	M	3 30-34	1:02:30.5	6:15/K
29	Billy Goodins	Clover SC	3509	54	M	3 50-54	1:02:36.0	6:16/K
30	NORA LOGAN	CHARLOTTE NC	770	24	F	1 20-24	1:02:37.9	6:16/K
31	JASON LOVELACE	MOUNT HOLLY NC	776	32	M	4 30-34	1:03:26.0	6:21/K
32	RICHARD SPENCER	CHARLOTTE NC	1345	50	M	4 50-54	1:03:34.1	6:21/K
33	SPENCER FARRIS	VALDESE NC	2749	27	M	10 25-29	1:03:49.4	6:23/K
34	KYLE FAZIO	CONCORD NC	774	32	M	5 30-34	1:03:54.0	6:23/K
35	TRUETT GRIGG	CHARLOTTE NC	1326	27	M	11 25-29	1:03:56.7	6:24/K
36	ELIZABETH MILLAR	ANDOVER MA	785	22	F	2 20-24	1:04:06.0	6:25/K
37	DUFFY FRAY	WAXHAW NC	3377	30	M	6 30-34	1:04:12.8	6:25/K
38	ANNA MILLAR	CHARLOTTE NC	3356	24	F	3 20-24	1:04:21.8	6:26/K
39	DORA CALLAHAN	DAVIDSON NC	789	24	F	4 20-24	1:04:31.8	6:27/K
40	Morgan McGarth	Charlotte NC	3511	24	F	5 20-24	1:04:32.7	6:27/K
41	DULCE GIEMANSKI	BELMONT NC	920	24	F	6 20-24	1:05:22.1	6:32/K
42	PATRICK SHEA	ARDEN NC	913	17	M	2 15-19	1:05:26.7	6:33/K
43	EMMANUEL LOREDO	BELMONT NC	784	25	M	12 25-29	1:05:56.8	6:36/K
44	JAMESON ELLIS	MATTHEWS NC	1330	42	M	3 40-44	1:06:26.5	6:39/K
45	DAVID SCHMIDT	FORT MILL SC	1392	31	M	7 30-34	1:06:41.4	6:40/K
46	JUSTIN DECK	WILMINGTON NC	783	34	M	8 30-34	1:06:47.8	6:41/K
47	BRANDEE THOMAS	CHARLOTTE NC	772	29	F	2 25-29	1:06:52.8	6:41/K

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48	MICHELLE FORD	HUNTERSVILLE NC	1332	46	F	1 45-49	1:07:04.2	6:42/K
49	TYLER MASTERA	YORK SC	782	27	M	13 25-29	1:07:28.7	6:45/K
50	REBEKAH STOCKOWSKI	CHARLOTTE NC	904	29	F	3 25-29	1:08:15.4	6:50/K
51	ANNA SHERROD	CHARLOTTE NC	3334	38	F	1 35-39	1:08:52.0	6:53/K
52	LOGAN SHORT	CHARLOTTE NC	2998	29	M	14 25-29	1:08:54.4	6:53/K
53	NATHAN RATER	GASTONIA NC	3350	31	M	9 30-34	1:08:54.5	6:53/K
54	SEPH MARD	CHARLOTTE NC	3344	32	M	10 30-34	1:09:13.6	6:55/K
55	RYAN SPENCER	CHARLOTTE NC	1342	30	M	11 30-34	1:09:18.4	6:56/K
56	KEVIN DEVINE	CHARLOTTE NC	3392	35	M	7 35-39	1:09:26.6	6:57/K
57	BRANDON BAERTSCHI	FLETCHER NC	3386	32	M	12 30-34	1:09:29.8	6:57/K
58	MOLLY MULHOLLAND	CHARLOTTE NC	3361	25	F	4 25-29	1:09:37.7	6:58/K
59	MATTHEW LUKE	ARDEN NC	914	14	M	1 1-14	1:09:52.7	6:59/K
60	JEFF HOWELL	CHARLOTTE NC	1325	43	M	4 40-44	1:10:13.8	7:01/K
61	CHRISTOPHER BRADY	MATTHEWS NC	1347	32	M	13 30-34	1:10:19.6	7:02/K
62	JOSEPH VALLATINI	BOSTON MA	775	58	M	2 55-99	1:10:21.5	7:02/K
63	CHRISTOPHER MATTHEWS	WINSTON SALEM	3346	31	M	14 30-34	1:10:30.9	7:03/K
64	MONTE MAHIN	MOUNT HOLLY NC	2995	44	M	5 40-44	1:10:33.2	7:03/K
65	ZACH MOORE	Banner Elk NC	3505	35	M	8 35-39	1:10:35.0	7:04/K
66	STEVE FAIVRE	FORT MILL SC	787	33	M	15 30-34	1:10:38.4	7:04/K
67	Jimmy Stone	Granite Falls NC	3508	44	M	6 40-44	1:10:43.6	7:04/K
68	JOHN SHERIDAN	BLUE RIDGE VA	3335	28	M	15 25-29	1:10:49.8	7:05/K
69	SHELLY DOBOSY	CHARLOTTE NC	1346	29	F	5 25-29	1:11:06.7	7:07/K
70	BOBBY CHAMBERS	CHARLOTTE NC	2988	27	M	16 25-29	1:11:07.0	7:07/K
71	GEO MARQUES NETO	CHARLOTTE NC	1320	44	M	7 40-44	1:11:13.3	7:07/K
72	CHRISTOPHER ZECCA	Thomasville NC	3507	50	M	5 50-54	1:11:22.3	7:08/K
73	SHELLEY BACKSTROM	CHARLOTTE NC	1334	30	F	1 30-34	1:11:22.7	7:08/K
74	BRENT THOMAS	CHARLOTTE NC	773	30	M	16 30-34	1:11:29.4	7:09/K
75	RACHEL LAMBERT	DURHAM NC	1343	26	F	6 25-29	1:11:33.5	7:09/K
76	ROBERT CATALDO	CONCORD NC	3370	30	M	17 30-34	1:11:54.4	7:11/K
77	HANNAH BEAR REBELE	CHARLOTTE NC	1331	27	F	7 25-29	1:12:51.7	7:17/K
78	STEVE SHIVE	SALISBURY NC	1319	65	M	3 55-99	1:12:54.6	7:17/K
79	NICK BOYD	CHARLOTTE NC	3397	23	M	3 20-24	1:13:01.6	7:18/K
80	LUIS MENDEZ	CHARLOTTE NC	3473	34	M	18 30-34	1:13:20.4	7:20/K
81	COURTNEY WILSON	MOORESVILLE NC	1333	36	F	2 35-39	1:13:42.5	7:22/K
82	AUSTIN STROUPE	LINCOLNTON NC	916	28	M	17 25-29	1:13:49.6	7:23/K
83	LISA BRANNAN	STANLEY NC	1348	52	F	1 50-54	1:14:19.2	7:26/K
84	JORDAN STANTON	FORT MILL SC	1397	36	M	9 35-39	1:14:20.7	7:26/K
85	BARRY LAW	CHARLOTTE NC	771	47	M	2 45-49	1:14:20.7	7:26/K
86	KIM TACKSON	MATTHEWS NC	1327	37	F	3 35-39	1:14:20.8	7:26/K
87	SHANNON LEED	CHARLOTTE NC	2994	24	F	7 20-24	1:14:27.5	7:27/K
88	KATIE KAZUKYNAS	CHARLOTTE NC	3304	38	F	4 35-39	1:14:33.9	7:27/K
89	HELEN GARDNER	DAVIDSON NC	1390	32	F	2 30-34	1:14:36.7	7:28/K
90	BRANDY ROWE	SWANNANOVA NC	1394	34	F	3 30-34	1:14:48.2	7:29/K
91	ALEX VENG	CHARLOTTE NC	1335	27	M	18 25-29	1:14:53.4	7:29/K
92	ELIZABETH BREWER	INDIAN TRAIL NC	3305	24	F	8 20-24	1:14:57.8	7:30/K
93	CADY BAERTSCHI	FLETCHER NC	3387	30	F	4 30-34	1:15:07.9	7:31/K
94	OLIVIA DUKE	CHARLOTTE NC	911	24	F	9 20-24	1:15:14.3	7:31/K

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95	IAN HORKLEY	CHARLOTTE NC	910	30	M	19 30-34	1:15:14.7	7:31/K
96	SARAH ECKHOFF	CHARLOTTE NC	3345	36	F	5 35-39	1:15:16.5	7:32/K
97	KYLE DAVIS	CHARLOTTE NC	3343	29	M	19 25-29	1:15:40.7	7:34/K
98	MARCUS ALMOND	HICKORY NC	1349	45	M	3 45-49	1:15:41.3	7:34/K
99	BETSY SHUSTER	CHARLOTTE NC	3373	46	F	2 45-49	1:16:03.4	7:36/K
100	GABRIELE RUDATIS	HUNTERSVILLE NC	3354	40	M	8 40-44	1:16:03.6	7:36/K
101	JOSIAH ALLEN	KANNAPOLIS NC	3390	30	M	20 30-34	1:16:10.5	7:37/K
102	BETSY HINSON	MONROE NC	907	21	F	10 20-24	1:16:49.0	7:41/K
103	LAUREN THOMAS	DURHAM NC	917	29	F	8 25-29	1:16:55.3	7:42/K
104	TREVOR BARNETTE	MONROE NC	908	21	M	4 20-24	1:17:02.5	7:42/K
105	CAROLYN COLLINS	CHARLOTTE NC	2993	27	F	9 25-29	1:17:06.5	7:43/K
106	BRANDON COLLINS	CHARLOTTE NC	2992	29	M	20 25-29	1:17:07.6	7:43/K
107	BLAIR DIAMOND	WINSTON SALEM	3371	38	F	6 35-39	1:17:08.6	7:43/K
108	LAYTON HOLSINGER	DAVIDSON NC	3369	42	M	9 40-44	1:17:09.1	7:43/K
109	TRACIE BEAN	HARTSVILLE SC	3359	42	F	1 40-44	1:17:11.2	7:43/K
110	MICHAEL COMBEST	CLEMMONS NC	3503	66	M	4 55-99	1:17:29.5	7:45/K
111	JEN KAUFMAN	CHARLOTTE NC	3501	47	F	3 45-49	1:17:32.9	7:45/K
112	ADAM KAUFMAN	CHARLOTTE NC	3500	47	M	4 45-49	1:17:33.0	7:45/K
113	LEROY TOWNSEND	HARRISBURG NC	1344	55	M	5 55-99	1:17:54.8	7:47/K
114	ANN NESTER	HARTSVILLE SC	1395	47	F	4 45-49	1:18:06.9	7:49/K
115	FENN ALLEN	MOORESVILLE NC	3357	32	M	21 30-34	1:18:14.1	7:49/K
116	MARCELO OSTAIZA	CHARLOTTE NC	3426	40	M	10 40-44	1:18:14.4	7:49/K
117	BOBBY GRIGG	MINT HILL NC	3355	57	M	6 55-99	1:18:17.1	7:50/K
118	CAMERON PRICE	MONROE NC	3205	23	M	5 20-24	1:18:55.2	7:54/K
119	ELIZABETH MILLER	CHARLOTTE NC	3368	54	F	2 50-54	1:19:00.9	7:54/K
120	RORY REGAN	CHARLOTTE NC	1350	56	M	7 55-99	1:19:07.2	7:55/K
121	WILLIAM BULLOCK	MCLEAN VA	3310	50	M	6 50-54	1:19:55.8	8:00/K
122	JAMES MAXWELL	FORT MILL SC	1398	34	M	22 30-34	1:19:58.8	8:00/K
123	JEMMA MOTTERSHEAD	CHARLOTTE NC	2999	29	F	10 25-29	1:20:00.2	8:00/K
124	BRITT STANFORD	WINSTON SALEM	1328	30	F	5 30-34	1:20:18.3	8:02/K
125	GRANT RUST	WINSTON SALEM	3396	34	M	23 30-34	1:20:25.6	8:03/K
126	SHAWN OVERCASH	CHARLOTTE NC	3393	56	M	8 55-99	1:20:28.8	8:03/K
127	ANN ALLEN	CONCORD NC	3388	56	F	1 55-99	1:20:37.0	8:04/K
128	ANDREW NAGELE	CHARLOTTE NC	3376	31	M	24 30-34	1:20:37.2	8:04/K
129	STEFAHN ORR	CHARLOTTE NC	3336	32	M	25 30-34	1:20:41.1	8:04/K
130	STEVEN WELTON	MIDDLEBURG FL	3311	48	M	5 45-49	1:21:12.3	8:07/K
131	AMANDA LYTZ	CHARLOTTE NC	3409	34	F	6 30-34	1:21:27.7	8:09/K
132	JAMES CURLEY	GASTONIA NC	3383	27	M	21 25-29	1:21:40.2	8:10/K
133	LINDSAY NAGELE	CHARLOTTE NC	3402	31	F	7 30-34	1:21:40.7	8:10/K
134	HILARY LANEY	SWANNANOVA NC	3362	36	F	7 35-39	1:22:17.6	8:14/K
135	COLBY BARNETTE	MONROE NC	3306	24	M	6 20-24	1:22:24.7	8:14/K
136	KATIE TREBING	MT. ULLA NC	3342	35	F	8 35-39	1:22:44.4	8:16/K
137	MARY SPAIN	CHARLOTTE NC	3337	22	F	11 20-24	1:22:59.7	8:18/K
138	ULYSSES UNGOS	GREENSBORO NC	2991	26	M	22 25-29	1:23:00.5	8:18/K
139	REBECCA SWANSON	CONCORD NC	3367	18	F	1 15-19	1:23:01.9	8:18/K
140	JEN TRUELLE	GASTONIA NC	3363	39	F	9 35-39	1:23:07.4	8:19/K
141	AUBREY LANEY	MONROE NC	3000	22	F	12 20-24	1:23:21.1	8:20/K

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142	MOLLY GARTLAN	CHARLOTTE NC	3347	38	F	10 35-39	1:23:29.7	8:21/K
143	LINDSEY BROWN	RICHMOND VA	1391	21	F	13 20-24	1:23:43.8	8:22/K
144	PHIL GOREY	Banner Elk NC	3506	36	M	10 35-39	1:24:05.4	8:25/K
145	ALLISON	MCADENVILLE NC	3372	42	F	2 40-44	1:24:21.0	8:26/K
146	TAYLOR SPOLTRE	DUNCAN SC	3338	25	F	11 25-29	1:24:22.1	8:26/K
147	HERBERT LOPES	CHARLOTTE NC	3303	46	M	6 45-49	1:24:25.2	8:27/K
148	MALACHI BEST-DENNIS	CHARLOTTE NC	3309	10	M	2 1-14	1:24:59.4	8:30/K
149	MICHAEL DENNIS	CHARLOTTE NC	3308	39	M	11 35-39	1:25:03.4	8:30/K
150	KRISTEN RICE	DALLAS NC	3340	26	F	12 25-29	1:26:34.0	8:39/K
151	LOGAN HUDSON	BELMONT NC	3341	26	F	13 25-29	1:26:34.9	8:39/K
152	ANNA TINDAL	FORT MILL SC	1337	40	F	3 40-44	1:26:48.1	8:41/K
153	JACOB ALLEN	CONCORD NC	3389	27	M	23 25-29	1:26:54.3	8:41/K
154	PEPPER MAHIN	MOUNT HOLLY NC	3410	40	F	4 40-44	1:27:08.2	8:43/K
155	LAUREN CHRISTENSEN	TEGA CAY SC	3427	41	F	5 40-44	1:27:08.9	8:43/K
156	DANA CHRISTENSEN	TEGA CAY SC	3471	40	M	11 40-44	1:27:11.5	8:43/K
157	DOUG MISHOE	CHARLOTTE NC	3391	43	M	12 40-44	1:27:28.0	8:45/K
158	JONATHAN HAYES	CHARLOTTE NC	3395	30	M	26 30-34	1:27:36.7	8:46/K
159	JUSTIN ALFORD	CHARLOTTE NC	1318	22	M	7 20-24	1:27:52.6	8:47/K
160	ALEX LAMBERT	CHARLOTTE NC	780	26	M	24 25-29	1:28:03.1	8:48/K
161	LAUREN KONCHAN	CHARLOTTE NC	3353	25	F	14 25-29	1:28:41.9	8:52/K
162	JOSIE PEPLINSKI	CHARLOTTE NC	3375	18	F	2 15-19	1:29:39.7	8:58/K
163	JASON PEPLINSKI	CHARLOTTE NC	3374	47	F	5 45-49	1:29:40.9	8:58/K
164	Krista Murphy	Charlotte NC	3510	44	F	6 40-44	1:30:18.2	9:02/K
165	LUCIAN MAJORS	MOUNT HOLLY NC	1396	28	M	25 25-29	1:30:31.8	9:03/K
166	NOAH WELTON	MIDDLEBURG FL	3333	17	M	3 15-19	1:30:48.2	9:05/K
167	TORY ERVIN	DUNCAN SC	3405	41	M	13 40-44	1:31:03.7	9:06/K
168	DAVID HOWARD	CLOVER SC	1339	52	M	7 50-54	1:31:08.5	9:07/K
169	CARY MILLER	ROCK HILL SC	1338	48	M	7 45-49	1:31:09.8	9:07/K
170	WILLIAM MCSWAIN	ROCK HILL SC	764	46	M	8 45-49	1:33:46.2	9:23/K
171	RAY MARTIN	ROCK HILL SC	1336	42	M	14 40-44	1:33:46.7	9:23/K
172	ERICA WALSH	CHARLOTTE NC	3404	42	F	7 40-44	1:35:21.4	9:32/K
173	TRACY INGHAM	CHARLOTTE NC	3403	46	F	6 45-49	1:35:21.7	9:32/K
174	BRITTANY COMER	GREENVILLE SC	1321	27	F	15 25-29	1:35:25.9	9:33/K
175	GRACE JAMESON	ASHEVILLE NC	3339	27	F	16 25-29	1:35:31.5	9:33/K
176	GAVIN MCSWAIN	ROCK HILL SC	765	14	M	3 1-14	1:36:43.3	9:40/K
177	MEAGAN BULLOCK	CHARLOTTE NC	3394	35	F	11 35-39	1:37:02.7	9:42/K
178	SANJAY SINGH	CHARLOTTE NC	2997	48	M	9 45-49	1:40:03.3	10:00/K
179	SHAWN REEN	YORK SC	3408	44	M	15 40-44	1:41:05.5	10:07/K
180	MELISSA MULLANEY	GASTONIA NC	3406	48	F	7 45-49	1:45:38.7	10:34/K
181	MIRELLA CASANOVA	CHARLOTTE NC	3411	48	F	8 45-49	1:47:47.9	10:47/K
182	AMANDA PLYLER	MONROE NC	3399	37	F	12 35-39	1:48:04.6	10:48/K
183	ELIZABETH ZEGOWITZ	HUNTERSVILLE NC	3360	28	F	17 25-29	1:48:06.8	10:49/K
184	ANNA MELSON	MONROE NC	3400	24	F	14 20-24	1:48:09.5	10:49/K
185	RACHAEL LINDSCO	CHESTER SC	3348	27	F	18 25-29	2:22:46.4	14:17/K
186	ROSE FENTON	GREENVILLE SC	3352	27	F	19 25-29	2:22:46.6	14:17/K

Frigid 2019
Age Group Results

Frigid 5k

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	KELBI PIERCE	DENVER NC	13	3917	3	31:16.1	6:15/K	
2	RILEY CORN	CHARLOTTE NC	14	3958	8	33:03.9	6:37/K	1:47.7
3	PIPER SHUSTER	CHARLOTTE NC	14	3953	9	33:04.5	6:37/K	1:48.4
4	MARY-HELEN MURDEN	CHARLOTTE NC	1	3999	14	35:10.1	7:02/K	3:53.9
5	RILEY MOORE	CHAPIN SC	12	4020	49	42:29.4	8:30/K	11:13.3
6	AVA THORNTON	HARRISBURG NC	14	6913	95	48:14.8	9:39/K	16:58.7
7	AVERY MOORE	CHAPIN SC	14	4177	122	51:51.1	10:22/K	20:34.9
8	KATIE WALKER	CRAMERTON NC	13	4074	125	52:19.0	10:28/K	21:02.9
9	ATHERTON WOLDING	HUNTERSVILLE NC	10	6921	140	58:07.5	11:37/K	26:51.4
10	RILEY BARTOS	MOORESVILLE NC	13	4127	143	59:20.9	11:52/K	28:04.8

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	MCKENNA CORN	CHARLOTTE NC	16	4026	13	35:04.3	7:01/K	
2	KRISTEN EVANS	CHARLOTTE NC	15	3998	17	36:55.5	7:23/K	1:51.1
3	DANIELLE AIELLO	MATTHEWS NC	17	4050	34	39:41.2	7:56/K	4:36.9
4	MACKENZIE HEARN	CHAPIN SC	19	4047	45	42:19.3	8:28/K	7:15.0
5	JENNIFER RADEBAUGH	LINCOLNTON NC	17	4095	48	42:23.9	8:29/K	7:19.6
6	JOANNA LEE	MATTHEWS NC	17	4130	108	49:53.0	9:59/K	14:48.7

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Dysen Neeb	Atlanta GA	23	6950	10	33:23.3	6:41/K	
2	COURTNEY CARROLL	CHARLOTTE NC	23	4034	11	34:02.3	6:48/K	0:39.0
3	ANGELA POLLEX	TROUTMAN NC	23	4029	16	36:30.3	7:18/K	3:07.0
4	SCARLETT LISTER	CHARLOTTE NC	21	4075	36	39:58.1	8:00/K	6:34.8
5	HANNAH SKIDMORE	CHARLOTTE NC	22	4068	39	41:34.7	8:19/K	8:11.4
6	JULIA VIZNYAK	BOILING SPRINGS SC	20	4098	41	41:51.5	8:22/K	8:28.2
7	KAREN SEMRAU	CHARLOTTE NC	22	6680	52	43:15.2	8:39/K	9:51.9
8	EMILY ADAMS	CHARLOTTE NC	24	4038	58	44:12.9	8:50/K	10:49.6
9	MARIANA TROY	MATTHEWS NC	24	6869	62	44:19.7	8:52/K	10:56.4
10	HANNAH WILKIE	CHARLOTTE NC	23	4148	74	45:31.3	9:06/K	12:08.0
11	ALISSA BLOCKER	FORT MILL SC	23	4062	76	45:37.5	9:07/K	12:14.2
12	KATHERINE SCHNEIDER	CHARLOTTE NC	23	6774	79	45:50.8	9:10/K	12:27.5
13	KATIE MORGAN	MONROE NC	24	6922	82	46:04.0	9:13/K	12:40.7
14	MARISA THORNTON	LEXINGOTN SC	21	6895	120	51:32.5	10:18/K	18:09.2
15	MARIA GARLAND	FORT MILL SC	23	6810	126	52:42.6	10:32/K	19:19.3
16	TAYLOR MILLICAN	GASTONIA NC	20	4158	145	59:22.2	11:52/K	25:58.9

*Overall place within gender

Race Date
February 09, 2019

Frigid 2019
Age Group Results

Frigid 5k

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
17	Cara Goforth	Marshall NC	20	3504	154	1:03:26.0	12:41/K	30:02.7
18	TABITHA SIMS	BELMONT NC	23	6676	158	1:05:13.2	13:03/K	31:49.9

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	BRIDGET CONROY	CHARLOTTE NC	29	3992	1	29:03.6	5:49/K	
2	Laura Page	Acworth GA	27	6947	2	31:08.9	6:14/K	2:05.3
3	JAIME LEE KELLER	CHARLOTTE NC	28	3991	4	31:30.6	6:18/K	2:26.9
4	LAUREN MOPHETT	CHARLOTTE NC	29	3914	6	32:24.1	6:29/K	3:20.5
5	MOIRA DOLAN	CAHRLOTTE NC	26	4036	15	36:10.5	7:14/K	7:06.8
6	KRISTIN MOODY	CHARLOTTE NC	29	4184	32	39:19.6	7:52/K	10:16.0
7	COURTNEY WANGEN	CHARLOTTE NC	28	4023	33	39:40.9	7:56/K	10:37.2
8	BRITTANY TETLOW	CHARLOTTE NC	28	4056	37	40:20.9	8:04/K	11:17.2
9	DANIELLE STANISLAUS	CHARLOTTE NC	29	4076	43	42:02.5	8:24/K	12:58.8
10	DANIELLE EARNHARDT	LANDIS NC	26	4166	51	42:57.4	8:35/K	13:53.8
11	KATIE JONES	CHARLOTTE NC	27	6952	54	43:39.4	8:44/K	14:35.8
12	AUDREY CONNER	CHARLOTTE NC	27	4105	59	44:15.5	8:51/K	15:11.8
13	LAUREN MILLIGAN	MATTHEWS NC	29	6765	66	44:49.4	8:58/K	15:45.7
14	EMILY CRAFT	CHARLOTTE NC	27	4168	69	44:57.2	8:59/K	15:53.5
15	KATHERINE FRAY	WAXHAW NC	28	6858	71	45:17.1	9:03/K	16:13.5
16	KELSEY OVERBECK	ROCK HILL SC	27	4101	72	45:21.1	9:04/K	16:17.4
17	ASHMEY MINDA	CHARLOTTE NC	26	4132	75	45:31.6	9:06/K	16:27.9
18	ERIN JONES	CHARLOTTE NC	27	4055	77	45:38.8	9:08/K	16:35.2
19	KATHERINE BALLARD	MOORESVILLE NC	27	4142	78	45:44.1	9:09/K	16:40.4
20	MICHELLE SMITH	CHARLOTTE NC	28	4146	80	45:55.3	9:11/K	16:51.6
21	BRIANNE WHITLEY	CHARLOTTE NC	27	4187	81	46:01.8	9:12/K	16:58.2
22	KRISTEN DIGGS	CHARLOTTE NC	29	4118	84	46:25.2	9:17/K	17:21.5
23	TIFFANY CHAN	KERNERSVILLE NC	29	6675	85	46:32.8	9:18/K	17:29.2
24	KAYLA AITON	MOUNT PLEASANT	25	4160	86	46:33.8	9:19/K	17:30.2
25	EMILY MULLINS	GASTONIA NC	27	6865	89	46:56.4	9:23/K	17:52.8
26	Chelsea Ponzo	Mount Holly NC	27	6959	92	47:49.6	9:34/K	18:45.9
27	SARA HUNTER	MT. HOLLY NC	27	6912	96	48:18.4	9:40/K	19:14.8
28	MACKENZIE VIOLASSI	CHARLOTTE NC	25	4124	98	48:54.0	9:47/K	19:50.4
29	NIKKI CURLEY	GASTONIA NC	27	4188	99	49:03.5	9:49/K	19:59.9
30	TAYLOR KNIGHT	BELMONT NC	26	4179	101	49:24.4	9:53/K	20:20.8
31	SISSY SIMPSON	48067 NC	25	4196	107	49:52.8	9:58/K	20:49.2
32	ERIN LEWIS	CHARLOTTE NC	28	6940	110	50:07.9	10:01/K	21:04.3
33	SAMANTHA PAGE	HARRISBURG NC	26	6864	112	50:20.8	10:04/K	21:17.2
34	BRIENNA SCHROEDER	ROCK HILL SC	28	6679	116	50:38.9	10:08/K	21:35.2
35	CARLY EDGE	STANLEY NC	26	4144	117	50:45.7	10:09/K	21:42.1

*Overall place within gender

Frigid 2019
Age Group Results

Frigid 5k

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
36	VALERIE ROBLES	CHARLOTTE NC	27	6901	118	50:47.6	10:09/K	21:43.9
37	JULIANNA SEBADE	CHARLOTTE NC	26	6890	119	50:55.5	10:11/K	21:51.9
38	ALEXIS DRAGAN	CHARLOTTE NC	26	6673	124	51:57.5	10:23/K	22:53.9
39	JORDAN FORD	YORK SC	27	4156	128	52:53.9	10:35/K	23:50.2
40	ALI MCCRAW	HUNTERSVILLE NC	26	4071	131	53:43.7	10:45/K	24:40.0
41	WHITNEY STEELE	YORK SC	28	6925	147	1:00:31.6	12:06/K	31:28.0
42	EMILY SCRUGGS	CHARLOTTE NC	26	6878	151	1:02:05.4	12:25/K	33:01.8
43	EMILY DICKSON	GASTONIA NC	26	6886	152	1:03:05.7	12:37/K	34:02.0
44	VICTORIA KELLOUGH	GASTONIA NC	28	4141	159	1:05:14.5	13:03/K	36:10.9

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	KERRI VARDON	MATTHEWS NC	32	4109	12	34:06.4	6:49/K	
2	ALANNA HENSLEY	SHELBY NC	31	4059	24	37:31.9	7:30/K	3:25.4
3	WHITNEY FREIZE	GASTONIA NC	31	4058	25	37:33.6	7:31/K	3:27.1
4	ELIZABETH KUNZ	CHARLOTTE NC	30	3378	28	38:08.4	7:38/K	4:02.0
5	SHANTI PINTO	CHARLOTTE NC	33	4135	29	38:16.8	7:39/K	4:10.3
6	COREEN MACDONALD	FORT MILL SC	32	6958	30	38:26.5	7:41/K	4:20.0
7	MARGARET COLVIN	ROCK HILL SC	32	4176	53	43:16.2	8:39/K	9:09.7
8	KAMERON MOEBES	CHARLOTTE NC	31	4073	55	43:40.1	8:44/K	9:33.6
9	CANDICE VAN DER	CHARLOTTE NC	33	6546	56	43:48.5	8:46/K	9:42.0
10	BRITTNEY JOHNSON	CHARLOTTE NC	33	4139	57	44:08.6	8:50/K	10:02.1
11	EMILY HAWKINS	CHARLOTTE NC	33	4138	70	45:06.3	9:01/K	10:59.8
12	LOREN LOVELACE	MOUNT HOLLY NC	33	4150	87	46:47.1	9:21/K	12:40.6
13	ELYSE MILLER	CHARLOTTE NC	31	4162	88	46:56.3	9:23/K	12:49.8
14	EMILY MARROSO	CHARLOTTE NC	30	6859	100	49:14.6	9:51/K	15:08.1
15	SHELLEY LYTTLE	CHARLOTTE NC	33	3407	104	49:39.4	9:56/K	15:32.9
16	LINDSAY CASTELLOW	DURHAM NC	31	6882	111	50:19.5	10:04/K	16:13.0
17	ALEXANDRA BECKHAM	HUNTERSVILLE NC	34	4147	115	50:30.1	10:06/K	16:23.6
18	STEPHENIE MOSLEY	BLYTHEWOOD SC	30	6677	133	53:50.4	10:46/K	19:43.9
19	LAURA MILLER	FOUNTAIN INN SC	31	6889	137	56:18.6	11:16/K	22:12.1
20	BRITTANY LAFONTAINE	INDIAN TRAIL NC	33	6917	138	57:04.5	11:25/K	22:58.0
21	NATALIE DUNN	GASTONIA NC	30	6887	153	1:03:06.6	12:37/K	29:00.1
22	SANDRA SZEJDA	CLAYTON NC	33	6883	155	1:03:34.6	12:43/K	29:28.1
23	ANNA RENDON	MOUNT HOLLY NC	34	6898	160	1:05:15.6	13:03/K	31:09.1

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
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*Overall place within gender

Frigid 2019
Age Group Results

Frigid 5k

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Holly Lovelers	Matthews NC	35	6945	7	32:37.7	6:31/K	
2	NATALIE HARDEN	FORT MILL SC	38	4064	19	37:14.7	7:27/K	4:36.9
3	JAIME PAGE	FORT MILL SC	36	6936	20	37:18.8	7:28/K	4:41.0
4	JENNIFER DYER	FORT MILL SC	37	6937	21	37:18.9	7:28/K	4:41.2
5	LAURA BACIK	FORT MILL SC	36	4009	22	37:19.9	7:28/K	4:42.1
6	MELISSA COLOSI	CHARLOTTE NC	36	4108	23	37:22.6	7:28/K	4:44.9
7	JAMIE WALDRON	CHARLOTTE NC	38	4161	40	41:48.8	8:22/K	9:11.1
8	DARA METCALF	CHARLOTTE NC	36	6866	42	42:01.5	8:24/K	9:23.8
9	DIANA MARTINEZ	CHARLOTTE NC	38	4091	44	42:09.0	8:26/K	9:31.3
10	ERIN FILSINGER	FORT MILL SC	38	4178	60	44:16.8	8:51/K	11:39.1
11	WENDY KIMBALL	CHARLOTTE NC	39	6860	65	44:42.5	8:56/K	12:04.8
12	SHANNON SELLERS	BESSEMER CITY NC	38	4099	67	44:51.2	8:58/K	12:13.5
13	JILL STEVENS	CHARLOTTE NC	37	6911	73	45:23.5	9:05/K	12:45.7
14	BRONWYN ROBERTS	COLUMBIA SC	39	6888	97	48:22.6	9:40/K	15:44.8
15	ASHLEY CUNNINGHAM	GASTONIA NC	37	6593	103	49:33.4	9:55/K	16:55.7
16	KIERSTEN MALO	CHARLOTTE NC	37	6918	135	54:15.4	10:51/K	21:37.7
17	ALISHA TERRONES	CHARLOTTE NC	36	6924	144	59:21.8	11:52/K	26:44.0

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	MICHELLE TAYLOR	HUNTERSVILLE NC	43	4087	31	38:39.2	7:44/K	
2	MARIE MCCANN	BELMONT NC	41	4089	35	39:54.5	7:59/K	1:15.3
3	Kimberly Neeb	Charlotte NC	40	6949	50	42:38.7	8:32/K	3:59.5
4	CINDY STEWART	GASTONIA NC	41	4171	61	44:17.2	8:51/K	5:38.0
5	CHERI RUDOLF	CHARLOTTE NC	41	4173	91	47:23.2	9:29/K	8:44.0
6	DEANNE KISSINGER	CHARLOTTE NC	44	4117	93	48:04.5	9:37/K	9:25.3
7	AMY JOHNSON	CHARLOTTE NC	43	6674	102	49:24.7	9:53/K	10:45.5
8	LAURA DAVIS	VALE NC	40	4193	123	51:57.0	10:23/K	13:17.8
9	EMMA BAILEY	CLOVER SC	43	4126	129	53:31.8	10:42/K	14:52.6
10	RHONDA BROOM	CLOVER SC	44	6931	130	53:32.2	10:42/K	14:52.9
11	SUSIE WOLDING	HUNTERSVILLE NC	44	4088	141	58:08.1	11:38/K	19:28.9
12	REBECCA OBRYON	DALLAS NC	41	6885	161	1:18:34.8	15:43/K	39:55.6

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Daniela SCHUSTER	CHARLOTTE NC	47	6956	5	32:23.3	6:29/K	
2	MARIBEL BUNICH	CHARLOTTE NC	45	4163	46	42:21.8	8:28/K	9:58.5
3	JENNIFER RADEBAUGH	LINCOLNTON NC	47	4094	47	42:22.7	8:28/K	9:59.4

*Overall place within gender

Frigid 2019
Age Group Results

Frigid 5k

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
4	ROCHELLE RUPPE	BOILING SPRINGS SC	48	6877	83	46:05.7	9:13/K	13:42.4
5	JULIA WALTERS	MONROE NC	49	4140	90	47:20.7	9:28/K	14:57.4
6	TANYA SESSIONS	MOUNT HOLLY NC	47	4131	94	48:08.8	9:38/K	15:45.5
7	TIFFANY STEWART	MOUNT HOLLY NC	48	4122	106	49:49.3	9:58/K	17:26.0
8	BETH CASSEN	CHARLOTTE NC	47	4116	113	50:21.0	10:04/K	17:57.7
9	KERREY KNISLEY	CHARLOTTE NC	48	6862	114	50:21.5	10:04/K	17:58.2
10	REBECCA COX	LEESVILLE SC	49	6896	121	51:34.2	10:19/K	19:10.9
11	JUDY JOYE	CHARLOTTE NC	49	6879	132	53:44.7	10:45/K	21:21.4
12	SUSAN PITTINARO	MATTHEWS NC	48	6915	134	53:52.5	10:46/K	21:29.2
13	WENDY ADAMS	ROCK HILL SC	49	6540	136	56:09.5	11:14/K	23:46.2
14	APRIL WILLIAMS	WINSTON SALEM NC	45	6916	139	57:23.7	11:29/K	25:00.4
15	MARY ADAMS	WINSTON SALEM NC	47	4119	150	1:02:02.6	12:24/K	29:39.3
16	RACHEL GREENE	CHARLOTTE NC	49	6932	156	1:03:40.8	12:44/K	31:17.5

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	SHILLINA REASER	ROCK HILL SC	52	4149	27	38:03.6	7:37/K	
2	JAMIE MORRIS-HALEY	CHARLOTTE NC	54	6894	109	50:00.4	10:00/K	11:56.8
3	KATHIE DUHON	GREENVILLE SC	54	6671	127	52:52.1	10:34/K	14:48.5
4	RUTH STEELE	YORK SC	51	6926	142	59:02.4	11:48/K	20:58.8
5	MARCIE JONES-WILSON	CHARLOTTE NC	50	6672	148	1:00:47.7	12:09/K	22:44.1
6	HEATHER SHORE	STALLINGS NC	51	6930	149	1:01:05.4	12:13/K	23:01.8
7	DONA WARSHAW	CHARLOTTE NC	51	6824	157	1:05:00.6	13:00/K	26:57.0

Female 55 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Sharon Ruble	Tega Cay SC	58	6955	18	37:04.5	7:25/K	
2	CONNIE PARK	GASTONIA NC	56	4015	26	38:01.8	7:36/K	0:57.3
3	FLORENCE MORROW	COLUMBIA SC	59	4054	38	40:21.9	8:04/K	3:17.3
4	CYNTHIA HUDSON	ROCK HILL SC	59	6678	63	44:41.6	8:56/K	7:37.0
5	KARI HERNDON	CHARLOTTE NC	56	4181	64	44:41.6	8:56/K	7:37.1
6	JAYE MEYER	CHAPEL HILL NC	58	6838	68	44:55.7	8:59/K	7:51.1
7	Sheila Smiggen	Tega Cay SC	55	6954	105	49:45.8	9:57/K	12:41.2
8	LESLIE WOODRUFF	HUNTERSVILLE NC	55	6927	146	1:00:26.3	12:05/K	23:21.7

*Overall place within gender

Frigid 2019
Age Group Results

Frigid 5k

Male No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Unknown Partic. 6939		0	6939	169	58:26.3	11:41/K	
2	Unknown Partic. 6929		0	6929	174	1:04:58.5	13:00/K	6:32.2

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	RANGER GLASER	MOORESVILLE NC	14	3925	27	32:20.5	6:28/K	
2	TYLER JOHNSON	CHARLOTTE NC	14	4133	39	33:49.1	6:46/K	1:28.6
3	THEO RAMOS	MINT HILL NC	9	4039	63	36:08.9	7:14/K	3:48.4
4	CAIDEN SZEJDA	CLAYTON NC	10	6884	101	40:14.5	8:03/K	7:53.9
5	WILLIAM KIMBALL	CHARLOTTE NC	9	6861	128	44:38.7	8:56/K	12:18.2
6	CONRAD KNISLEY	CHARLOTTE NC	9	6863	129	44:41.5	8:56/K	12:21.0
7	JACK TENOLD	CLOVER SC	12	4183	157	52:19.1	10:28/K	19:58.5
8	LAWRENCE BULLOCK	MCLEAN VA	14	4113	177	1:37:02.2	19:24/K	1:04:41.

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	IAN WESSNER	DAVIDSON NC	18	3918	1	23:39.1	4:44/K	
2	RYAN HAMILTON	DAVIDSON NC	18	3909	2	25:18.7	5:04/K	1:39.5
3	Cooper Godwin	huntersville NC	18	6946	3	26:17.3	5:15/K	2:38.2
4	NOAH CARTER	GASTONIA NC	17	3916	6	27:36.1	5:31/K	3:57.0
5	CHARLES BLACK	MATTHEWS NC	17	3910	31	32:48.1	6:34/K	9:09.0
6	Elliott Diskin	Charlotte NC	16	6942	54	34:56.6	6:59/K	11:17.5
7	GRANT TURNER	VALDESE NC	19	6592	117	43:21.0	8:40/K	19:41.8
8	BRYSON SHORE	STALLINGS NC	15	6871	146	49:06.1	9:49/K	25:27.0
9	TEMUJIN BULLOCK	MCLEAN VA	19	4199	178	1:37:02.9	19:24/K	1:13:23.

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	JAKE REED	YORK SC	23	3922	18	31:08.5	6:14/K	
2	DAVID COX	COLUMBIA SC	21	1936	36	33:43.6	6:45/K	2:35.0
3	TRENTEN DUMAS	HUNTERSVILLE NC	24	4060	46	34:27.2	6:53/K	3:18.7
4	TAYLOR GUTIERREZ	CHARLOTTE NC	24	4115	62	35:41.4	7:08/K	4:32.8
5	PATRICK GIBBONS	CHARLOTTE NC	23	4093	93	39:01.2	7:48/K	7:52.7
6	JOE MORGAN	MONROE NC	24	4180	94	39:07.0	7:49/K	7:58.5
7	ZACHARY TALMADGED	MURFREESBORO TN	24	4012	107	41:04.5	8:13/K	9:55.9
8	PATRICK KANE	CHARLOTTE NC	23	4052	121	43:48.8	8:46/K	12:40.3

*Overall place within gender

Frigid 2019
Age Group Results

Frigid 5k

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
9	LUKE PTACEK	FORT MILL SC	22	4125	170	59:18.0	11:52/K	28:09.5
10	ALEX POWELL	CHARLOTTE NC	24	4041	176	1:17:32.5	15:30/K	46:24.0

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	LARS HAUGSTED	WAXHAW NC	25	3912	4	26:20.2	5:16/K	
2	JASON JASKIEWICZ	GASTONIA NC	29	3978	10	29:18.0	5:52/K	2:57.8
3	DAVID MCCUISTON	CHARLOTTE NC	27	3920	11	29:26.1	5:53/K	3:05.9
4	RUSH DICKSON	CHARLOTTE NC	28	3986	13	30:23.0	6:05/K	4:02.7
5	DAVID PAGE	HARRISBURG NC	29	3960	14	30:41.0	6:08/K	4:20.8
6	NATHAN VICKNAIR	CHARLOTTE NC	26	4000	16	30:58.4	6:12/K	4:38.1
7	CHRISTIAN GIBBENS	CHARLOTTE NC	26	4003	21	31:36.6	6:19/K	5:16.4
8	Justin Stolcs	Atlanta GA	26	6951	44	34:17.4	6:51/K	7:57.2
9	ZACK MARROSO	CHARLOTTE NC	29	4096	61	35:36.7	7:07/K	9:16.4
10	EMERSON HARRIS	CHARLOTTE NC	27	4042	65	36:11.0	7:14/K	9:50.8
11	TOM SWARTZ	CHARLOTTE NC	29	4136	66	36:18.0	7:16/K	9:57.8
12	TYLER LOWERY	CHARLOTTE NC	27	3997	67	36:23.6	7:17/K	10:03.3
13	CLINT MCMANUS	CHARLOTTE NC	28	4197	70	36:55.3	7:23/K	10:35.0
14	ALEX BREWSTER	CHARLOTTE NC	25	3994	71	36:57.9	7:23/K	10:37.6
15	PHILIPP RICKER	Charlotte NC	27	6935	76	37:34.4	7:31/K	11:14.1
16	HOLDEN RUDD	CHARLOTTE NC	27	6897	78	37:35.9	7:31/K	11:15.6
17	RYAN COLATRELLA	CHARLOTTE NC	28	3472	81	37:46.8	7:33/K	11:26.5
18	ZACHARY WHITLEY	CHARLOTTE NC	29	4032	82	37:48.1	7:34/K	11:27.8
19	ANDREW TROY	MATTHEWS NC	28	4106	84	37:53.9	7:35/K	11:33.7
20	BRANDON SCRUGGS	CHARLOTTE NC	29	6528	92	38:48.3	7:46/K	12:28.1
21	CHINTAN PATEL	CHARLOTTE NC	27	6892	95	39:39.5	7:56/K	13:19.2
22	WILLIAM WRIGHT	CHARLOTTE NC	27	4024	98	39:42.1	7:56/K	13:21.9
23	GREG HELLMAN	FORT MILL SC	29	4014	111	41:44.2	8:21/K	15:23.9
24	HIMANSHU AGARWAL	CHARLOTTE NC	27	4102	122	43:52.4	8:46/K	17:32.1
25	ANDREW SCHATNER	CHARLOTTE NC	29	6681	126	44:32.4	8:54/K	18:12.2
26	JOSHUA LESLIE	CHARLOTTE NC	25	4037	127	44:37.1	8:55/K	18:16.8
27	GARRETT TALMADGE	CHARLOTTE NC	26	4172	130	44:50.5	8:58/K	18:30.2
28	Chris Ralph	Charlotte NC	26	6943	139	47:41.9	9:32/K	21:21.7
29	THOMAS VAUGHAN	FORT MILL SC	28	6902	142	47:53.5	9:35/K	21:33.3
30	SPENCER SMITH	CHARLOTTE NC	29	6880	145	49:05.5	9:49/K	22:45.2
31	TIM WILLIAMS	CHARLOTTE NC	26	4198	148	49:53.1	9:59/K	23:32.8
32	BART CAVE	GREENSBORO NC	25	6820	154	51:35.9	10:19/K	25:15.6
33	RUSTY BOLDT	CONCORD NC	26	6906	163	54:00.8	10:48/K	27:40.6
34	TROY ZIMMERMANN	SAN ANTONIO TX	26	6909	165	54:24.5	10:53/K	28:04.3
35	JOHN ELMS	ROCK HILL SC	28	4186	168	55:46.4	11:09/K	29:26.1

*Overall place within gender

Frigid 2019
Age Group Results

Frigid 5k

Male 30 to 34

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
1	BLAIN VANDERHOOF	CLOVER SC	32	3921	9	29:09.1	5:50/K	
2	WESLEY BENTON	MATTHEWS NC	31	4043	25	32:09.6	6:26/K	3:00.5
3	JONATHAN BELTZ	CHARLOTTE NC	31	4007	28	32:35.4	6:31/K	3:26.3
4	TROY KNIGHT	BELMONT NC	32	4022	50	34:48.8	6:58/K	5:39.6
5	MATTHEW LEMLEY	CHARLOTTE NC	31	4011	56	35:06.3	7:01/K	5:57.2
6	SCOTT HUFFARD	BEECH MOUNTAIN NC	33	4030	68	36:32.9	7:18/K	7:23.8
7	JACKSON SWITZER	CHARLOTTE NC	32	4080	72	36:59.7	7:24/K	7:50.5
8	JACK DAVIS	CORNELIUS NC	33	4066	74	37:21.3	7:28/K	8:12.2
9	CHASE HILDENBRAND	DENVER NC	33	4028	83	37:52.5	7:34/K	8:43.4
10	DAVE STEWART	CHARLOTTE NC	33	4070	99	39:44.2	7:57/K	10:35.0
11	BLAIR PROPERT	GASTONIA NC	31	4157	110	41:38.8	8:20/K	12:29.7
12	CHARLES WARNICK	CHARLOTTE NC	31	4104	114	42:06.6	8:25/K	12:57.5
13	CORY COLVIN	ROCK HILL SC	31	4175	116	43:14.7	8:39/K	14:05.6
14	WESLEY KNIGHT	CHARLOTTE NC	32	3965	119	43:39.9	8:44/K	14:30.8
15	ANDREW ROSENTHAL	HUNTERSVILLE NC	32	4151	120	43:43.7	8:45/K	14:34.6
16	PRESTON STANFORD	WINSTON SALEM NC	30	4137	123	44:15.9	8:51/K	15:06.7
17	KELLAN DAVIS	MOORE SC	31	4081	140	47:43.2	9:33/K	18:34.1
18	JOE DORE	CHARLOTTE NC	31	4167	143	48:16.7	9:39/K	19:07.5
19	KEVIN MILLER	BELMONT NC	30	6904	147	49:38.7	9:56/K	20:29.5
20	EDGAR GOMEZ	CHARLOTTE NC	32	6843	152	50:41.5	10:08/K	21:32.3
21	ANDREW SNIPES	CHARLOTTE NC	34	6899	158	52:22.8	10:28/K	23:13.7
22	JOSH JENKINS	STATESVILLE NC	30	6900	166	54:58.7	11:00/K	25:49.6

Male 35 to 39

Place	Name	City	Age	Bib No	Overall*	Time	Pace	Time Back
1	PETER DIXON	CHARLOTTE NC	37	1927	7	27:37.6	5:31/K	
2	BROCK GLASER	MOORESVILLE NC	39	3924	8	28:34.5	5:43/K	0:56.8
3	SHANE HARDEN	FORT MILL SC	38	3913	22	31:41.1	6:20/K	4:03.4
4	Kyle Lovelers	Matthews NC	35	6944	24	32:09.6	6:26/K	4:31.9
5	NICK TIDWELL	CLOVER SC	39	3995	32	32:50.3	6:34/K	5:12.6
6	MICHAEL FILSINGER	FORT MILL SC	39	4021	35	33:37.7	6:43/K	6:00.0
7	NATHAN KEATON	MOUNT HOLLY NC	37	4048	37	33:44.6	6:45/K	6:06.9
8	JOHN BURGER	CHARLOTTE NC	38	4010	41	33:53.6	6:47/K	6:15.9
9	BRETT GROLEAU	HUNTERSVILLE NC	35	4061	48	34:38.2	6:56/K	7:00.5
10	MATTHEW AUMAN	PINEVILLE NC	37	4044	55	35:02.4	7:00/K	7:24.7
11	LUKE NEILANS	CHARLOTTE NC	35	4082	59	35:24.4	7:05/K	7:46.7
12	AARON BACIK	FORT MILL SC	38	4049	88	38:29.6	7:42/K	10:51.9
13	JOE VALLATINI	BELMONT NC	38	4016	89	38:35.9	7:43/K	10:58.2
14	NOLAN PERKINS	MOORESVILLE NC	38	4129	103	40:20.2	8:04/K	12:42.5
15	RYAN COLOSI	CHARLOTTE NC	37	4107	105	40:39.8	8:08/K	13:02.1

*Overall place within gender

Frigid 2019
Age Group Results

Frigid 5k

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
16	CLARENCE WHITE	WINSTON SALEM NC	35	4078	108	41:10.1	8:14/K	13:32.4
17	ROBERT DAVIS	SPARTANBURG SC	37	4097	113	42:05.8	8:25/K	14:28.1
18	ROBERT JOSEPH	CHARLOTTE NC	38	4191	118	43:30.9	8:42/K	15:53.2
19	NICOLE JOSEPH	CHARLOTTE NC	39	6870	124	44:23.8	8:53/K	16:46.1
20	KEVIN POHLMAN	TEGA CAY SC	37	4121	125	44:24.4	8:53/K	16:46.7
21	RAJ KUMAR	CHARLOTTE NC	36	4035	135	46:27.8	9:17/K	18:50.1
22	KARTHIK	FORT MILL SC	38	6961	138	47:23.3	9:29/K	19:45.6
23	MATT WALKOWIAK	CRAMERTON NC	38	4051	141	47:47.6	9:33/K	20:09.9
24	ASHISH PANDEY	FORT MILL SC	35	3981	149	50:13.5	10:03/K	22:35.8
25	RYAN LYTTLE	CHARLOTTE NC	35	6791	150	50:24.2	10:05/K	22:46.5
26	BRENDAN NEIBERGALL	HUNTERSVILLE NC	36	6881	153	50:53.5	10:11/K	23:15.8
27	JOHN DAVIS	VALE NC	37	4192	155	51:55.6	10:23/K	24:17.9
28	PETER HEARN	CHARLOTTE NC	35	6908	160	53:30.1	10:42/K	25:52.4
29	CHRIS BUNNEY	CHARLOTTE NC	36	6923	172	59:21.4	11:52/K	31:43.7
30	AVNEENDRA ARUN	FORT MILL SC	36	3984	175	1:08:15.5	13:39/K	40:37.8

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	SERGEI ZHYK	CHARLOTTE NC	40	1895	5	27:25.4	5:29/K	
2	JUSTIN BROWN	HUNTERSVILLE NC	40	3990	20	31:31.9	6:18/K	4:06.5
3	CHAD DRAKE	KANNAPOLIS NC	43	3996	26	32:12.3	6:26/K	4:46.9
4	ZACK CARTER	DENVER NC	40	4027	29	32:35.6	6:31/K	5:10.2
5	MARK NEWMAN	CHARLOTTE NC	44	4045	30	32:47.8	6:33/K	5:22.3
6	AARON MAILLOUX	CHARLOTTE NC	44	4008	38	33:49.1	6:46/K	6:23.7
7	MARTIN LAMP	CHARLOTTE NC	42	4040	43	34:00.8	6:48/K	6:35.3
8	Mike Cunningham	Matthews NC	44	6938	45	34:21.0	6:52/K	6:55.5
9	ANDY MOORE	CHARLOTTE NC	42	4169	51	34:49.0	6:58/K	7:23.5
10	GREG MAY	HUNTERSVILLE NC	42	4001	64	36:09.1	7:14/K	8:43.7
11	BEN BROOM	CLOVER SC	43	4110	69	36:49.9	7:22/K	9:24.4
12	MATT VARNUM	HUNTERSVILLE NC	42	4165	73	37:03.3	7:25/K	9:37.9
13	TIM POLLARD	MOUNT HOLLY NC	42	4018	77	37:35.4	7:31/K	10:09.9
14	FERNANDO CUIS	HUNTERSVILLE NC	41	4065	85	38:05.7	7:37/K	10:40.3
15	BRANDON DRESCH	CHARLOTTE NC	40	3379	86	38:06.8	7:37/K	10:41.4
16	JOHN MOTTOLA	HUNTERSVILLE NC	43	4086	91	38:39.4	7:44/K	11:13.9
17	MICHAEL CARTER	GASTONIA NC	44	4002	96	39:40.0	7:56/K	12:14.5
18	RICHARD PRICE	MONROE NC	43	4120	97	39:41.4	7:56/K	12:15.9
19	ALEX MARTINEZ	CHARLOTTE NC	41	4090	106	40:57.4	8:11/K	13:31.9
20	TIM THORNTON	HARRISBURG NC	44	6914	109	41:13.1	8:15/K	13:47.6
21	KENNY SELLERS	BESSEMER CITY NC	42	4100	131	44:52.8	8:58/K	17:27.3
22	ARVIND VEDANTHAM	CHARLOTTE NC	44	4114	132	45:43.1	9:09/K	18:17.6

*Overall place within gender

Race Date
February 09, 2019

Frigid 2019
Age Group Results

Frigid 5k

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
23	JAY MILLER	MCADENVILLE NC	42	6857	144	49:02.5	9:48/K	21:37.1
24	ROBERT MARTINEZ	CONCORD NC	42	6910	164	54:24.2	10:53/K	26:58.7
25	BRYCE WOLFE	MOORESVILLE NC	44	4143	171	59:20.1	11:52/K	31:54.6

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Alex Neeb	Charlotte NC	47	6948	12	30:11.3	6:02/K	
2	SCOTT LEMOS	CHARLOTTE NC	47	3915	15	30:51.7	6:10/K	0:40.4
3	PETER NOSTROM	CHARLOTTE NC	47	6963	33	32:52.2	6:34/K	2:40.9
4	PHIL SCRUGGS	PLYMOUTH IN	45	4046	49	34:44.2	6:57/K	4:32.9
5	JARED RORRER	CHARLOTTE NC	45	3985	52	34:52.3	6:58/K	4:41.0
6	JIM THOMPSON	CHARLOTTE NC	48	4083	60	35:28.0	7:06/K	5:16.7
7	SCOTT BLACK	CHARLOTTE NC	48	4005	87	38:15.1	7:39/K	8:03.8
8	MIKE ENZWILER	HUNTERSVILLE NC	45	4128	90	38:37.3	7:43/K	8:26.0
9	Matt Smith	Charlotte NC	45	6933	104	40:36.6	8:07/K	10:25.3
10	RICHARD KING	DAVIDSON NC	49	4067	115	42:20.8	8:28/K	12:09.5
11	CRAIG VARNUM	HUNTERSVILLE NC	48	6779	133	46:01.6	9:12/K	15:50.3
12	ADAM ZECK	CHARLOTTE NC	48	6856	136	46:47.6	9:21/K	16:36.3
13	ROB SIMPSON	ROCK HILL SC	48	4134	137	46:58.4	9:24/K	16:47.1
14	CHUCK TENOLD	CLOVER SC	49	4182	156	52:18.9	10:28/K	22:07.6
15	BRYANT OWENS	CHARLOTTE NC	49	6928	159	52:58.9	10:36/K	22:47.6
16	Scott Rudolph	CHARLOTTE NC	48	4174	161	53:32.7	10:42/K	23:21.4
17	JOHN JOYE	WILMINGTON NC	47	6891	162	53:45.3	10:45/K	23:34.0
18	FRANKIE CARNS	CHARLOTTE NC	49	6893	173	1:02:53.3	12:35/K	32:42.0

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	CHIP HULBERT	CHARLOTTE NC	54	3911	19	31:15.3	6:15/K	
2	Harry Shaw	Charlotte NC	50	6960	23	32:00.1	6:24/K	0:44.8
3	BRYAN PEIRCE	HUNTERSVILLE NC	51	4053	34	33:19.7	6:40/K	2:04.4
4	HOWARD SWEET	CHARLOTTE NC	53	3993	40	33:52.5	6:46/K	2:37.2
5	Phil Gibbons	Charlotte NC	52	6953	42	33:54.7	6:47/K	2:39.4
6	Brent Brewer	Gastonia NC	51	6957	47	34:30.3	6:54/K	3:15.0
7	DARIN BIRD	DENVER NC	50	4013	53	34:53.1	6:59/K	3:37.7
8	PETER DANCZEWSKI	CHARLOTTE NC	51	6542	102	40:19.2	8:04/K	9:03.9
9	GREGORY JACKSON	CLOVER SC	54	4123	112	41:54.5	8:23/K	10:39.2
10	ERIC MCKAIG	TRYON NC	52	6876	134	46:05.6	9:13/K	14:50.3
11	SRIDHAR VADLAPUDI	HUNTERSVILLE NC	50	4103	151	50:24.4	10:05/K	19:09.0

*Overall place within gender

Race Date
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Frigid 2019
Age Group Results

Frigid 5k

Male 55 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	BRENNEMAN	CHARLOTTE NC	60	3926	17	31:01.9	6:12/K	
2	PAUL HERNDON	CHARLOTTE NC	55	4025	57	35:15.3	7:03/K	4:13.4
3	TOM TORKILDSEN	MATTHEWS NC	63	4079	58	35:18.0	7:04/K	4:16.1
4	Tim Page	Acworth GA	59	6941	75	37:23.2	7:29/K	6:21.3
5	TIMOTHY RYAN	MATTHEWS NC	64	6934	79	37:43.7	7:33/K	6:41.8
6	Jeff Linson		62	6962	80	37:45.5	7:33/K	6:43.6
7	JAMESON WELLS	CHARLOTTE NC	62	4057	100	39:48.8	7:58/K	8:46.8
8	TOM KITRICK	CONCORD NC	62	6903	167	55:35.2	11:07/K	24:33.3

*Overall place within gender

Frigid 2019

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Overall Finish List**Frigid 5k**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	IAN WESSNER	DAVIDSON NC	3918	18	M	1 15-19	23:39.1	4:44/K
2	RYAN HAMILTON	DAVIDSON NC	3909	18	M	2 15-19	25:18.7	5:04/K
3	Cooper Godwin	huntersville NC	6946	18	M	3 15-19	26:17.3	5:15/K
4	LARS HAUGSTED	WAXHAW NC	3912	25	M	1 25-29	26:20.2	5:16/K
5	SERGEI ZHYK	CHARLOTTE NC	1895	40	M	1 40-44	27:25.4	5:29/K
6	NOAH CARTER	GASTONIA NC	3916	17	M	4 15-19	27:36.1	5:31/K
7	PETER DIXON	CHARLOTTE NC	1927	37	M	1 35-39	27:37.6	5:31/K
8	BROCK GLASER	MOORESVILLE NC	3924	39	M	2 35-39	28:34.5	5:43/K
9	BRIDGET CONROY	CHARLOTTE NC	3992	29	F	1 25-29	29:03.6	5:49/K
10	BLAIN VANDERHOOF	CLOVER SC	3921	32	M	1 30-34	29:09.1	5:50/K
11	JASON JASKIEWICZ	GASTONIA NC	3978	29	M	2 25-29	29:18.0	5:52/K
12	DAVID MCCUISTON	CHARLOTTE NC	3920	27	M	3 25-29	29:26.1	5:53/K
13	Alex Neeb	Charlotte NC	6948	47	M	1 45-49	30:11.3	6:02/K
14	RUSH DICKSON	CHARLOTTE NC	3986	28	M	4 25-29	30:23.0	6:05/K
15	DAVID PAGE	HARRISBURG NC	3960	29	M	5 25-29	30:41.0	6:08/K
16	SCOTT LEMOS	CHARLOTTE NC	3915	47	M	2 45-49	30:51.7	6:10/K
17	NATHAN VICKNAIR	CHARLOTTE NC	4000	26	M	6 25-29	30:58.4	6:12/K
18	BRENNEMAN THOMPSON	CHARLOTTE NC	3926	60	M	1 55-99	31:01.9	6:12/K
19	JAKE REED	YORK SC	3922	23	M	1 20-24	31:08.5	6:14/K
20	Laura Page	Acworth GA	6947	27	F	2 25-29	31:08.9	6:14/K
21	CHIP HULBERT	CHARLOTTE NC	3911	54	M	1 50-54	31:15.3	6:15/K
22	KELBI PIERCE	DENVER NC	3917	13	F	1 1-14	31:16.1	6:15/K
23	JAIME LEE KELLER	CHARLOTTE NC	3991	28	F	3 25-29	31:30.6	6:18/K
24	JUSTIN BROWN	HUNTERSVILLE NC	3990	40	M	2 40-44	31:31.9	6:18/K
25	CHRISTIAN GIBBENS	CHARLOTTE NC	4003	26	M	7 25-29	31:36.6	6:19/K
26	SHANE HARDEN	FORT MILL SC	3913	38	M	3 35-39	31:41.1	6:20/K
27	Harry Shaw	Charlotte NC	6960	50	M	2 50-54	32:00.1	6:24/K
28	Kyle Lovelers	Matthews NC	6944	35	M	4 35-39	32:09.6	6:26/K
29	WESLEY BENTON	MATTHEWS NC	4043	31	M	2 30-34	32:09.6	6:26/K
30	CHAD DRAKE	KANNAPOLIS NC	3996	43	M	3 40-44	32:12.3	6:26/K
31	RANGER GLASER	MOORESVILLE NC	3925	14	M	1 1-14	32:20.5	6:28/K
32	Daniela SCHUSTER	CHARLOTTE NC	6956	47	F	1 45-49	32:23.3	6:29/K
33	LAUREN MOPHETT	CHARLOTTE NC	3914	29	F	4 25-29	32:24.1	6:29/K
34	JONATHAN BELTZ	CHARLOTTE NC	4007	31	M	3 30-34	32:35.4	6:31/K
35	ZACK CARTER	DENVER NC	4027	40	M	4 40-44	32:35.6	6:31/K
36	Holly Lovelers	Matthews NC	6945	35	F	1 35-39	32:37.7	6:31/K
37	MARK NEWMAN	CHARLOTTE NC	4045	44	M	5 40-44	32:47.8	6:33/K
38	CHARLES BLACK	MATTHEWS NC	3910	17	M	5 15-19	32:48.1	6:34/K
39	NICK TIDWELL	CLOVER SC	3995	39	M	5 35-39	32:50.3	6:34/K
40	PETER NOSTROM	CHARLOTTE NC	6963	47	M	3 45-49	32:52.2	6:34/K
41	RILEY CORN	CHARLOTTE NC	3958	14	F	2 1-14	33:03.9	6:37/K
42	PIPER SHUSTER	CHARLOTTE NC	3953	14	F	3 1-14	33:04.5	6:37/K
43	BRYAN PEIRCE	HUNTERSVILLE NC	4053	51	M	3 50-54	33:19.7	6:40/K
44	Dysen Neeb	Atlanta GA	6950	23	F	1 20-24	33:23.3	6:41/K
45	MICHAEL FILSINGER	FORT MILL SC	4021	39	M	6 35-39	33:37.7	6:43/K
46	DAVID COX	COLUMBIA SC	1936	21	M	2 20-24	33:43.6	6:45/K
47	NATHAN KEATON	MOUNT HOLLY NC	4048	37	M	7 35-39	33:44.6	6:45/K

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<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	AARON MAILLOUX	CHARLOTTE NC	4008	44	M	6 40-44	33:49.1	6:46/K
49	TYLER JOHNSON	CHARLOTTE NC	4133	14	M	2 1-14	33:49.1	6:46/K
50	HOWARD SWEET	CHARLOTTE NC	3993	53	M	4 50-54	33:52.5	6:46/K
51	JOHN BURGER	CHARLOTTE NC	4010	38	M	8 35-39	33:53.6	6:47/K
52	Phil Gibbons	Charltote NC	6953	52	M	5 50-54	33:54.7	6:47/K
53	MARTIN LAMP	CHARLOTTE NC	4040	42	M	7 40-44	34:00.8	6:48/K
54	COURTNEY CARROLL	CHARLOTTE NC	4034	23	F	2 20-24	34:02.3	6:48/K
55	KERRI VARDON	MATTHEWS NC	4109	32	F	1 30-34	34:06.4	6:49/K
56	Justin Stolcs	Atlanta GA	6951	26	M	8 25-29	34:17.4	6:51/K
57	Mike Cunningham	Matthews NC	6938	44	M	8 40-44	34:21.0	6:52/K
58	TRENTEN DUMAS	HUNTERSVILLE NC	4060	24	M	3 20-24	34:27.2	6:53/K
59	Brent Brewer	Gastonia NC	6957	51	M	6 50-54	34:30.3	6:54/K
60	BRETT GROLEAU	HUNTERSVILLE NC	4061	35	M	9 35-39	34:38.2	6:56/K
61	PHIL SCRUGGS	PLYMOUTH IN	4046	45	M	4 45-49	34:44.2	6:57/K
62	TROY KNIGHT	BELMONT NC	4022	32	M	4 30-34	34:48.8	6:58/K
63	ANDY MOORE	CHARLOTTE NC	4169	42	M	9 40-44	34:49.0	6:58/K
64	JARED RORRER	CHARLOTTE NC	3985	45	M	5 45-49	34:52.3	6:58/K
65	DARIN BIRD	DENVER NC	4013	50	M	7 50-54	34:53.1	6:59/K
66	Elliott Diskin	Charlotte NC	6942	16	M	6 15-19	34:56.6	6:59/K
67	MATTHEW AUMAN	PINEVILLE NC	4044	37	M	10 35-39	35:02.4	7:00/K
68	MCKENNA CORN	CHARLOTTE NC	4026	16	F	1 15-19	35:04.3	7:01/K
69	MATTHEW LEMLEY	CHARLOTTE NC	4011	31	M	5 30-34	35:06.3	7:01/K
70	MARY-HELEN MURDEN	CHARLOTTE NC	3999	1	F	4 1-14	35:10.1	7:02/K
71	PAUL HERNDON	CHARLOTTE NC	4025	55	M	2 55-99	35:15.3	7:03/K
72	TOM TORKILDSEN	MATTHEWS NC	4079	63	M	3 55-99	35:18.0	7:04/K
73	LUKE NEILANS	CHARLOTTE NC	4082	35	M	11 35-39	35:24.4	7:05/K
74	JIM THOMPSON	CHARLOTTE NC	4083	48	M	6 45-49	35:28.0	7:06/K
75	ZACK MARROSO	CHARLOTTE NC	4096	29	M	9 25-29	35:36.7	7:07/K
76	TAYLOR GUTIERREZ	CHARLOTTE NC	4115	24	M	4 20-24	35:41.4	7:08/K
77	THEO RAMOS	MINT HILL NC	4039	9	M	3 1-14	36:08.9	7:14/K
78	GREG MAY	HUNTERSVILLE NC	4001	42	M	10 40-44	36:09.1	7:14/K
79	MOIRA DOLAN	CAHRLOTTE NC	4036	26	F	5 25-29	36:10.5	7:14/K
80	EMERSON HARRIS	CHARLOTTE NC	4042	27	M	10 25-29	36:11.0	7:14/K
81	TOM SWARTZ	CHARLOTTE NC	4136	29	M	11 25-29	36:18.0	7:16/K
82	TYLER LOWERY	CHARLOTTE NC	3997	27	M	12 25-29	36:23.6	7:17/K
83	ANGELA POLLEX	TROUTMAN NC	4029	23	F	3 20-24	36:30.3	7:18/K
84	SCOTT HUFFARD	BEECH MOUNTAIN	4030	33	M	6 30-34	36:32.9	7:18/K
85	BEN BROOM	CLOVER SC	4110	43	M	11 40-44	36:49.9	7:22/K
86	CLINT MCMANUS	CHARLOTTE NC	4197	28	M	13 25-29	36:55.3	7:23/K
87	KRISTEN EVANS	CHARLOTTE NC	3998	15	F	2 15-19	36:55.5	7:23/K
88	ALEX BREWSTER	CHARLOTTE NC	3994	25	M	14 25-29	36:57.9	7:23/K
89	JACKSON SWITZER	CHARLOTTE NC	4080	32	M	7 30-34	36:59.7	7:24/K
90	MATT VARNUM	HUNTERSVILLE NC	4165	42	M	12 40-44	37:03.3	7:25/K
91	Sharon Ruble	Tega Cay SC	6955	58	F	1 55-99	37:04.5	7:25/K
92	NATALIE HARDEN	FORT MILL SC	4064	38	F	2 35-39	37:14.7	7:27/K
93	JAIME PAGE	FORT MILL SC	6936	36	F	3 35-39	37:18.8	7:28/K
94	JENNIFER DYER	FORT MILL SC	6937	37	F	4 35-39	37:18.9	7:28/K

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95	LAURA BACIK	FORT MILL SC	4009	36	F	5 35-39	37:19.9	7:28/K
96	JACK DAVIS	CORNELIUS NC	4066	33	M	8 30-34	37:21.3	7:28/K
97	MELISSA COLOSI	CHARLOTTE NC	4108	36	F	6 35-39	37:22.6	7:28/K
98	Tim Page	Acworth GA	6941	59	M	4 55-99	37:23.2	7:29/K
99	ALANNA HENSLEY	SHELBY NC	4059	31	F	2 30-34	37:31.9	7:30/K
100	WHITNEY FREIZE	GASTONIA NC	4058	31	F	3 30-34	37:33.6	7:31/K
101	PHILIPP RICKER	Charlotte NC	6935	27	M	15 25-29	37:34.4	7:31/K
102	TIM POLLARD	MOUNT HOLLY NC	4018	42	M	13 40-44	37:35.4	7:31/K
103	HOLDEN RUDD	CHARLOTTE NC	6897	27	M	16 25-29	37:35.9	7:31/K
104	TIMOTHY RYAN	MATTHEWS NC	6934	64	M	5 55-99	37:43.7	7:33/K
105	Jeff Linson		6962	62	M	6 55-99	37:45.5	7:33/K
106	RYAN COLATRELLA	CHARLOTTE NC	3472	28	M	17 25-29	37:46.8	7:33/K
107	ZACHARY WHITLEY	CHARLOTTE NC	4032	29	M	18 25-29	37:48.1	7:34/K
108	CHASE HILDENBRAND	DENVER NC	4028	33	M	9 30-34	37:52.5	7:34/K
109	ANDREW TROY	MATTHEWS NC	4106	28	M	19 25-29	37:53.9	7:35/K
110	CONNIE PARK	GASTONIA NC	4015	56	F	2 55-99	38:01.8	7:36/K
111	SHILLINA REASER	ROCK HILL SC	4149	52	F	1 50-54	38:03.6	7:37/K
112	FERNANDO CUIS	HUNTERSVILLE NC	4065	41	M	14 40-44	38:05.7	7:37/K
113	BRANDON DRESCH	CHARLOTTE NC	3379	40	M	15 40-44	38:06.8	7:37/K
114	ELIZABETH KUNZ	CHARLOTTE NC	3378	30	F	4 30-34	38:08.4	7:38/K
115	SCOTT BLACK	CHARLOTTE NC	4005	48	M	7 45-49	38:15.1	7:39/K
116	SHANTI PINTO	CHARLOTTE NC	4135	33	F	5 30-34	38:16.8	7:39/K
117	COREEN MACDONALD	FORT MILL SC	6958	32	F	6 30-34	38:26.5	7:41/K
118	AARON BACIK	FORT MILL SC	4049	38	M	12 35-39	38:29.6	7:42/K
119	JOE VALLATINI	BELMONT NC	4016	38	M	13 35-39	38:35.9	7:43/K
120	MIKE ENZWILER	HUNTERSVILLE NC	4128	45	M	8 45-49	38:37.3	7:43/K
121	MICHELLE TAYLOR	HUNTERSVILLE NC	4087	43	F	1 40-44	38:39.2	7:44/K
122	JOHN MOTTOLA	HUNTERSVILLE NC	4086	43	M	16 40-44	38:39.4	7:44/K
123	BRANDON SCRUGGS	CHARLOTTE NC	6528	29	M	20 25-29	38:48.3	7:46/K
124	PATRICK GIBBONS	CHARLOTTE NC	4093	23	M	5 20-24	39:01.2	7:48/K
125	JOE MORGAN	MONROE NC	4180	24	M	6 20-24	39:07.0	7:49/K
126	KRISTIN MOODY	CHARLOTTE NC	4184	29	F	6 25-29	39:19.6	7:52/K
127	CHINTAN PATEL	CHARLOTTE NC	6892	27	M	21 25-29	39:39.5	7:56/K
128	MICHAEL CARTER	GASTONIA NC	4002	44	M	17 40-44	39:40.0	7:56/K
129	COURTNEY WANGEN	CHARLOTTE NC	4023	28	F	7 25-29	39:40.9	7:56/K
130	DANIELLE AIELLO	MATTHEWS NC	4050	17	F	3 15-19	39:41.2	7:56/K
131	RICHARD PRICE	MONROE NC	4120	43	M	18 40-44	39:41.4	7:56/K
132	WILLIAM WRIGHT	CHARLOTTE NC	4024	27	M	22 25-29	39:42.1	7:56/K
133	DAVE STEWART	CHARLOTTE NC	4070	33	M	10 30-34	39:44.2	7:57/K
134	JAMESON WELLS	CHARLOTTE NC	4057	62	M	7 55-99	39:48.8	7:58/K
135	MARIE MCCANN	BELMONT NC	4089	41	F	2 40-44	39:54.5	7:59/K
136	SCARLETT LISTER	CHARLOTTE NC	4075	21	F	4 20-24	39:58.1	8:00/K
137	CAIDEN SZEJDA	CLAYTON NC	6884	10	M	4 1-14	40:14.5	8:03/K
138	PETER DANCZEWSKI	CHARLOTTE NC	6542	51	M	8 50-54	40:19.2	8:04/K
139	NOLAN PERKINS	MOORESVILLE NC	4129	38	M	14 35-39	40:20.2	8:04/K
140	BRITTANY TETLOW	CHARLOTTE NC	4056	28	F	8 25-29	40:20.9	8:04/K
141	FLORENCE MORROW	COLUMBIA SC	4054	59	F	3 55-99	40:21.9	8:04/K

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142	Matt Smith	Charlotte NC	6933	45	M	9 45-49	40:36.6	8:07/K
143	RYAN COLOSI	CHARLOTTE NC	4107	37	M	15 35-39	40:39.8	8:08/K
144	ALEX MARTINEZ	CHARLOTTE NC	4090	41	M	19 40-44	40:57.4	8:11/K
145	ZACHARY TALMADGED	MURFREESBORO	4012	24	M	7 20-24	41:04.5	8:13/K
146	CLARENCE WHITE	WINSTON SALEM	4078	35	M	16 35-39	41:10.1	8:14/K
147	TIM THORNTON	HARRISBURG NC	6914	44	M	20 40-44	41:13.1	8:15/K
148	HANNAH SKIDMORE	CHARLOTTE NC	4068	22	F	5 20-24	41:34.7	8:19/K
149	BLAIR PROPERT	GASTONIA NC	4157	31	M	11 30-34	41:38.8	8:20/K
150	GREG HELLMAN	FORT MILL SC	4014	29	M	23 25-29	41:44.2	8:21/K
151	JAMIE WALDRON	CHARLOTTE NC	4161	38	F	7 35-39	41:48.8	8:22/K
152	JULIA VIZNYAK	BOILING SPRINGS	4098	20	F	6 20-24	41:51.5	8:22/K
153	GREGORY JACKSON	CLOVER SC	4123	54	M	9 50-54	41:54.5	8:23/K
154	DARA METCALF	CHARLOTTE NC	6866	36	F	8 35-39	42:01.5	8:24/K
155	DANIELLE STANISLAUS	CHARLOTTE NC	4076	29	F	9 25-29	42:02.5	8:24/K
156	ROBERT DAVIS	SPARTANBURG SC	4097	37	M	17 35-39	42:05.8	8:25/K
157	CHARLES WARNICK	CHARLOTTE NC	4104	31	M	12 30-34	42:06.6	8:25/K
158	DIANA MARTINEZ	CHARLOTTE NC	4091	38	F	9 35-39	42:09.0	8:26/K
159	MACKENZIE HEARN	CHAPIN SC	4047	19	F	4 15-19	42:19.3	8:28/K
160	RICHARD KING	DAVIDSON NC	4067	49	M	10 45-49	42:20.8	8:28/K
161	MARIBEL BUNICH	CHARLOTTE NC	4163	45	F	2 45-49	42:21.8	8:28/K
162	JENNIFER RADEBAUGH	LINCOLNTON NC	4094	47	F	3 45-49	42:22.7	8:28/K
163	JENNIFER RADEBAUGH	LINCOLNTON NC	4095	17	F	5 15-19	42:23.9	8:29/K
164	RILEY MOORE	CHAPIN SC	4020	12	F	5 1-14	42:29.4	8:30/K
165	Kimberly Neeb	Charlotte NC	6949	40	F	3 40-44	42:38.7	8:32/K
166	DANIELLE EARNHARDT	LANDIS NC	4166	26	F	10 25-29	42:57.4	8:35/K
167	CORY COLVIN	ROCK HILL SC	4175	31	M	13 30-34	43:14.7	8:39/K
168	KAREN SEMRAU	CHARLOTTE NC	6680	22	F	7 20-24	43:15.2	8:39/K
169	MARGARET COLVIN	ROCK HILL SC	4176	32	F	7 30-34	43:16.2	8:39/K
170	GRANT TURNER	VALDESE NC	6592	19	M	7 15-19	43:21.0	8:40/K
171	ROBERT JOSEPH	CHARLOTTE NC	4191	38	M	18 35-39	43:30.9	8:42/K
172	KATIE JONES	CHARLOTTE NC	6952	27	F	11 25-29	43:39.4	8:44/K
173	WESLEY KNIGHT	CHARLOTTE NC	3965	32	M	14 30-34	43:39.9	8:44/K
174	KAMERON MOEBES	CHARLOTTE NC	4073	31	F	8 30-34	43:40.1	8:44/K
175	ANDREW ROSENTHAL	HUNTERSVILLE NC	4151	32	M	15 30-34	43:43.7	8:45/K
176	CANDICE VAN DER	CHARLOTTE NC	6546	33	F	9 30-34	43:48.5	8:46/K
177	PATRICK KANE	CHARLOTTE NC	4052	23	M	8 20-24	43:48.8	8:46/K
178	HIMANSHU AGARWAL	CHARLOTTE NC	4102	27	M	24 25-29	43:52.4	8:46/K
179	BRITTNEY JOHNSON	CHARLOTTE NC	4139	33	F	10 30-34	44:08.6	8:50/K
180	EMILY ADAMS	CHARLOTTE NC	4038	24	F	8 20-24	44:12.9	8:50/K
181	AUDREY CONNER	CHARLOTTE NC	4105	27	F	12 25-29	44:15.5	8:51/K
182	PRESTON STANFORD	WINSTON SALEM	4137	30	M	16 30-34	44:15.9	8:51/K
183	ERIN FILSINGER	FORT MILL SC	4178	38	F	10 35-39	44:16.8	8:51/K
184	CINDY STEWART	GASTONIA NC	4171	41	F	4 40-44	44:17.2	8:51/K
185	MARIANA TROY	MATTHEWS NC	6869	24	F	9 20-24	44:19.7	8:52/K
186	NICOLE JOSEPH	CHARLOTTE NC	6870	39	M	19 35-39	44:23.8	8:53/K
187	KEVIN POHLMAN	TEGA CAY SC	4121	37	M	20 35-39	44:24.4	8:53/K
188	ANDREW SCHATNER	CHARLOTTE NC	6681	29	M	25 25-29	44:32.4	8:54/K

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Overall	Name	City	Bib No	Age	Gend	AG Place	Time	Pace
189	JOSHUA LESLIE	CHARLOTTE NC	4037	25	M	26 25-29	44:37.1	8:55/K
190	WILLIAM KIMBALL	CHARLOTTE NC	6861	9	M	5 1-14	44:38.7	8:56/K
191	CONRAD KNISLEY	CHARLOTTE NC	6863	9	M	6 1-14	44:41.5	8:56/K
192	CYNTHIA HUDSON	ROCK HILL SC	6678	59	F	4 55-99	44:41.6	8:56/K
193	KARI HERNDON	CHARLOTTE NC	4181	56	F	5 55-99	44:41.6	8:56/K
194	WENDY KIMBALL	CHARLOTTE NC	6860	39	F	11 35-39	44:42.5	8:56/K
195	LAUREN MILLIGAN	MATTHEWS NC	6765	29	F	13 25-29	44:49.4	8:58/K
196	GARRETT TALMADGE	CHARLOTTE NC	4172	26	M	27 25-29	44:50.5	8:58/K
197	SHANNON SELLERS	BESSEMER CITY	4099	38	F	12 35-39	44:51.2	8:58/K
198	KENNY SELLERS	BESSEMER CITY	4100	42	M	21 40-44	44:52.8	8:58/K
199	JAYE MEYER	CHAPEL HILL NC	6838	58	F	6 55-99	44:55.7	8:59/K
200	EMILY CRAFT	CHARLOTTE NC	4168	27	F	14 25-29	44:57.2	8:59/K
201	EMILY HAWKINS	CHARLOTTE NC	4138	33	F	11 30-34	45:06.3	9:01/K
202	KATHERINE FRAY	WAXHAW NC	6858	28	F	15 25-29	45:17.1	9:03/K
203	KELSEY OVERBECK	ROCK HILL SC	4101	27	F	16 25-29	45:21.1	9:04/K
204	JILL STEVENS	CHARLOTTE NC	6911	37	F	13 35-39	45:23.5	9:05/K
205	HANNAH WILKIE	CHARLOTTE NC	4148	23	F	10 20-24	45:31.3	9:06/K
206	ASHMEY MINDA	CHARLOTTE NC	4132	26	F	17 25-29	45:31.6	9:06/K
207	ALISSA BLOCKER	FORT MILL SC	4062	23	F	11 20-24	45:37.5	9:07/K
208	ERIN JONES	CHARLOTTE NC	4055	27	F	18 25-29	45:38.8	9:08/K
209	ARVIND VEDANTHAM	CHARLOTTE NC	4114	44	M	22 40-44	45:43.1	9:09/K
210	KATHERINE BALLARD	MOORESVILLE NC	4142	27	F	19 25-29	45:44.1	9:09/K
211	KATHERINE SCHNEIDER	CHARLOTTE NC	6774	23	F	12 20-24	45:50.8	9:10/K
212	MICHELLE SMITH	CHARLOTTE NC	4146	28	F	20 25-29	45:55.3	9:11/K
213	CRAIG VARNUM	HUNTERSVILLE NC	6779	48	M	11 45-49	46:01.6	9:12/K
214	BRIANNE WHITLEY	CHARLOTTE NC	4187	27	F	21 25-29	46:01.8	9:12/K
215	KATIE MORGAN	MONROE NC	6922	24	F	13 20-24	46:04.0	9:13/K
216	ERIC MCKAIG	TRYON NC	6876	52	M	10 50-54	46:05.6	9:13/K
217	ROCHELLE RUPPE	BOILING SPRINGS	6877	48	F	4 45-49	46:05.7	9:13/K
218	KRISTEN DIGGS	CHARLOTTE NC	4118	29	F	22 25-29	46:25.2	9:17/K
219	RAJ KUMAR	CHARLOTTE NC	4035	36	M	21 35-39	46:27.8	9:17/K
220	TIFFANY CHAN	KERNERSVILLE NC	6675	29	F	23 25-29	46:32.8	9:18/K
221	KAYLA AITON	MOUNT PLEASANT	4160	25	F	24 25-29	46:33.8	9:19/K
222	LOREN LOVELACE	MOUNT HOLLY NC	4150	33	F	12 30-34	46:47.1	9:21/K
223	ADAM ZECK	CHARLOTTE NC	6856	48	M	12 45-49	46:47.6	9:21/K
224	ELYSE MILLER	CHARLOTTE NC	4162	31	F	13 30-34	46:56.3	9:23/K
225	EMILY MULLINS	GASTONIA NC	6865	27	F	25 25-29	46:56.4	9:23/K
226	ROB SIMPSON	ROCK HILL SC	4134	48	M	13 45-49	46:58.4	9:24/K
227	JULIA WALTERS	MONROE NC	4140	49	F	5 45-49	47:20.7	9:28/K
228	CHERI RUDOLF	CHARLOTTE NC	4173	41	F	5 40-44	47:23.2	9:29/K
229	KARTHIK GURUMOORTHY	FORT MILL SC	6961	38	M	22 35-39	47:23.3	9:29/K
230	Chris Ralph	Charlotte NC	6943	26	M	28 25-29	47:41.9	9:32/K
231	KELLAN DAVIS	MOORE SC	4081	31	M	17 30-34	47:43.2	9:33/K
232	MATT WALKOWIAK	CRAMERTON NC	4051	38	M	23 35-39	47:47.6	9:33/K
233	Chelsea Ponzio	Mount Holly NC	6959	27	F	26 25-29	47:49.6	9:34/K
234	THOMAS VAUGHAN	FORT MILL SC	6902	28	M	29 25-29	47:53.5	9:35/K
235	DEANNE KISSINGER	CHARLOTTE NC	4117	44	F	6 40-44	48:04.5	9:37/K

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Overall	Name	City	Bib No	Age	Gend	AG Place	Time	Pace
236	TANYA SESSIONS	MOUNT HOLLY NC	4131	47	F	6 45-49	48:08.8	9:38/K
237	AVA THORNTON	HARRISBURG NC	6913	14	F	6 1-14	48:14.8	9:39/K
238	JOE DORE	CHARLOTTE NC	4167	31	M	18 30-34	48:16.7	9:39/K
239	SARA HUNTER	MT. HOLLY NC	6912	27	F	27 25-29	48:18.4	9:40/K
240	BRONWYN ROBERTS	COLUMBIA SC	6888	39	F	14 35-39	48:22.6	9:40/K
241	MACKENZIE VIOLASSI	CHARLOTTE NC	4124	25	F	28 25-29	48:54.0	9:47/K
242	JAY MILLER	MCADENVILLE NC	6857	42	M	23 40-44	49:02.5	9:48/K
243	NIKKI CURLEY	GASTONIA NC	4188	27	F	29 25-29	49:03.5	9:49/K
244	SPENCER SMITH	CHARLOTTE NC	6880	29	M	30 25-29	49:05.5	9:49/K
245	BRYSON SHORE	STALLINGS NC	6871	15	M	8 15-19	49:06.1	9:49/K
246	EMILY MARROSO	CHARLOTTE NC	6859	30	F	14 30-34	49:14.6	9:51/K
247	TAYLOR KNIGHT	BELMONT NC	4179	26	F	30 25-29	49:24.4	9:53/K
248	AMY JOHNSON	CHARLOTTE NC	6674	43	F	7 40-44	49:24.7	9:53/K
249	ASHLEY CUNNINGHAM	GASTONIA NC	6593	37	F	15 35-39	49:33.4	9:55/K
250	KEVIN MILLER	BELMONT NC	6904	30	M	19 30-34	49:38.7	9:56/K
251	SHELLEY LYTTLE	CHARLOTTE NC	3407	33	F	15 30-34	49:39.4	9:56/K
252	Sheila Smiggen	Tega Cay SC	6954	55	F	7 55-99	49:45.8	9:57/K
253	TIFFANY STEWART	MOUNT HOLLY NC	4122	48	F	7 45-49	49:49.3	9:58/K
254	SISSY SIMPSON	48067 NC	4196	25	F	31 25-29	49:52.8	9:58/K
255	JOANNA LEE	MATTHEWS NC	4130	17	F	6 15-19	49:53.0	9:59/K
256	TIM WILLIAMS	CHARLOTTE NC	4198	26	M	31 25-29	49:53.1	9:59/K
257	JAMIE MORRIS-HALEY	CHARLOTTE NC	6894	54	F	2 50-54	50:00.4	10:00/K
258	ERIN LEWIS	CHARLOTTE NC	6940	28	F	32 25-29	50:07.9	10:01/K
259	ASHISH PANDEY	FORT MILL SC	3981	35	M	24 35-39	50:13.5	10:03/K
260	LINDSAY CASTELLOW	DURHAM NC	6882	31	F	16 30-34	50:19.5	10:04/K
261	SAMANTHA PAGE	HARRISBURG NC	6864	26	F	33 25-29	50:20.8	10:04/K
262	BETH CASSEN	CHARLOTTE NC	4116	47	F	8 45-49	50:21.0	10:04/K
263	KERREY KNISLEY	CHARLOTTE NC	6862	48	F	9 45-49	50:21.5	10:04/K
264	RYAN LYTTLE	CHARLOTTE NC	6791	35	M	25 35-39	50:24.2	10:05/K
265	SRIDHAR VADLAPUDI	HUNTERSVILLE NC	4103	50	M	11 50-54	50:24.4	10:05/K
266	ALEXANDRA BECKHAM	HUNTERSVILLE NC	4147	34	F	17 30-34	50:30.1	10:06/K
267	BRIENNA SCHROEDER	ROCK HILL SC	6679	28	F	34 25-29	50:38.9	10:08/K
268	EDGAR GOMEZ	CHARLOTTE NC	6843	32	M	20 30-34	50:41.5	10:08/K
269	CARLY EDGE	STANLEY NC	4144	26	F	35 25-29	50:45.7	10:09/K
270	VALERIE ROBLES	CHARLOTTE NC	6901	27	F	36 25-29	50:47.6	10:09/K
271	BRENDAN NEIBERGALL	HUNTERSVILLE NC	6881	36	M	26 35-39	50:53.5	10:11/K
272	JULIANNA SEBADE	CHARLOTTE NC	6890	26	F	37 25-29	50:55.5	10:11/K
273	MARISA THORNTON	LEXINGOTN SC	6895	21	F	14 20-24	51:32.5	10:18/K
274	REBECCA COX	LEESVILLE SC	6896	49	F	10 45-49	51:34.2	10:19/K
275	BART CAVE	GREENSBORO NC	6820	25	M	32 25-29	51:35.9	10:19/K
276	AVERY MOORE	CHAPIN SC	4177	14	F	7 1-14	51:51.1	10:22/K
277	JOHN DAVIS	VALE NC	4192	37	M	27 35-39	51:55.6	10:23/K
278	LAURA DAVIS	VALE NC	4193	40	F	8 40-44	51:57.0	10:23/K
279	ALEXIS DRAGAN	CHARLOTTE NC	6673	26	F	38 25-29	51:57.5	10:23/K
280	CHUCK TENOLD	CLOVER SC	4182	49	M	14 45-49	52:18.9	10:28/K
281	KATIE WALKER	CRAMERTON NC	4074	13	F	8 1-14	52:19.0	10:28/K
282	JACK TENOLD	CLOVER SC	4183	12	M	7 1-14	52:19.1	10:28/K

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283	ANDREW SNIPES	CHARLOTTE NC	6899	34	M	21 30-34	52:22.8	10:28/K
284	MARIA GARLAND	FORT MILL SC	6810	23	F	15 20-24	52:42.6	10:32/K
285	KATHIE DUHON	GREENVILLE SC	6671	54	F	3 50-54	52:52.1	10:34/K
286	JORDAN FORD	YORK SC	4156	27	F	39 25-29	52:53.9	10:35/K
287	BRYANT OWENS	CHARLOTTE NC	6928	49	M	15 45-49	52:58.9	10:36/K
288	PETER HEARN	CHARLOTTE NC	6908	35	M	28 35-39	53:30.1	10:42/K
289	EMMA BAILEY	CLOVER SC	4126	43	F	9 40-44	53:31.8	10:42/K
290	RHONDA BROOM	CLOVER SC	6931	44	F	10 40-44	53:32.2	10:42/K
291	Scott Rudolph	CHARLOTTE NC	4174	48	M	16 45-49	53:32.7	10:42/K
292	ALI MCCRAW	HUNTERSVILLE NC	4071	26	F	40 25-29	53:43.7	10:45/K
293	JUDY JOYE	CHARLOTTE NC	6879	49	F	11 45-49	53:44.7	10:45/K
294	JOHN JOYE	WILMINGTON NC	6891	47	M	17 45-49	53:45.3	10:45/K
295	STEPHENIE MOSLEY	BLYTHEWOOD SC	6677	30	F	18 30-34	53:50.4	10:46/K
296	SUSAN PITTINARO	MATTHEWS NC	6915	48	F	12 45-49	53:52.5	10:46/K
297	RUSTY BOLDT	CONCORD NC	6906	26	M	33 25-29	54:00.8	10:48/K
298	KIERSTEN MALO	CHARLOTTE NC	6918	37	F	16 35-39	54:15.4	10:51/K
299	ROBERT MARTINEZ	CONCORD NC	6910	42	M	24 40-44	54:24.2	10:53/K
300	TROY ZIMMERMANN	SAN ANTONIO TX	6909	26	M	34 25-29	54:24.5	10:53/K
301	JOSH JENKINS	STATESVILLE NC	6900	30	M	22 30-34	54:58.7	11:00/K
302	TOM KITRICK	CONCORD NC	6903	62	M	8 55-99	55:35.2	11:07/K
303	JOHN ELMS	ROCK HILL SC	4186	28	M	35 25-29	55:46.4	11:09/K
304	WENDY ADAMS	ROCK HILL SC	6540	49	F	13 45-49	56:09.5	11:14/K
305	LAURA MILLER	FOUNTAIN INN SC	6889	31	F	19 30-34	56:18.6	11:16/K
306	BRITTANY LAFONTAINE	INDIAN TRAIL NC	6917	33	F	20 30-34	57:04.5	11:25/K
307	APRIL WILLIAMS	WINSTON SALEM	6916	45	F	14 45-49	57:23.7	11:29/K
308	ATHERTON WOLDING	HUNTERSVILLE NC	6921	10	F	9 1-14	58:07.5	11:37/K
309	SUSIE WOLDING	HUNTERSVILLE NC	4088	44	F	11 40-44	58:08.1	11:38/K
310	Unknown Partic. 6939		6939	0	M	1 0-0	58:26.3	11:41/K
311	RUTH STEELE	YORK SC	6926	51	F	4 50-54	59:02.4	11:48/K
312	LUKE PTACEK	FORT MILL SC	4125	22	M	9 20-24	59:18.0	11:52/K
313	BRYCE WOLFE	MOORESVILLE NC	4143	44	M	25 40-44	59:20.1	11:52/K
314	RILEY BARTOS	MOORESVILLE NC	4127	13	F	10 1-14	59:20.9	11:52/K
315	CHRIS BUNNEY	CHARLOTTE NC	6923	36	M	29 35-39	59:21.4	11:52/K
316	ALISHA TERRONES	CHARLOTTE NC	6924	36	F	17 35-39	59:21.8	11:52/K
317	TAYLOR MILLICAN	GASTONIA NC	4158	20	F	16 20-24	59:22.2	11:52/K
318	LESLIE WOODRUFF	HUNTERSVILLE NC	6927	55	F	8 55-99	1:00:26.3	12:05/K
319	WHITNEY STEELE	YORK SC	6925	28	F	41 25-29	1:00:31.6	12:06/K
320	MARCIE JONES-WILSON	CHARLOTTE NC	6672	50	F	5 50-54	1:00:47.7	12:09/K
321	HEATHER SHORE	STALLINGS NC	6930	51	F	6 50-54	1:01:05.4	12:13/K
322	MARY ADAMS	WINSTON SALEM	4119	47	F	15 45-49	1:02:02.6	12:24/K
323	EMILY SCRUGGS	CHARLOTTE NC	6878	26	F	42 25-29	1:02:05.4	12:25/K
324	FRANKIE CARNS	CHARLOTTE NC	6893	49	M	18 45-49	1:02:53.3	12:35/K
325	EMILY DICKSON	GASTONIA NC	6886	26	F	43 25-29	1:03:05.7	12:37/K
326	NATALIE DUNN	GASTONIA NC	6887	30	F	21 30-34	1:03:06.6	12:37/K
327	Cara Goforth	Marshall NC	3504	20	F	17 20-24	1:03:26.0	12:41/K
328	SANDRA SZEJDA	CLAYTON NC	6883	33	F	22 30-34	1:03:34.6	12:43/K
329	RACHEL GREENE	CHARLOTTE NC	6932	49	F	16 45-49	1:03:40.8	12:44/K

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<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
330	Unknown Partic. 6929		6929	0	M	2 0-0	1:04:58.5	13:00/K
331	DONA WARSHAW	CHARLOTTE NC	6824	51	F	7 50-54	1:05:00.6	13:00/K
332	TABITHA SIMS	BELMONT NC	6676	23	F	18 20-24	1:05:13.2	13:03/K
333	VICTORIA KELLOUGH	GASTONIA NC	4141	28	F	44 25-29	1:05:14.5	13:03/K
334	ANNA RENDON	MOUNT HOLLY NC	6898	34	F	23 30-34	1:05:15.6	13:03/K
335	AVNEENDRA ARUN	FORT MILL SC	3984	36	M	30 35-39	1:08:15.5	13:39/K
336	ALEX POWELL	CHARLOTTE NC	4041	24	M	10 20-24	1:17:32.5	15:30/K
337	REBECCA OBRYON	DALLAS NC	6885	41	F	12 40-44	1:18:34.8	15:43/K
338	LAWRENCE BULLOCK	MCLEAN VA	4113	14	M	8 1-14	1:37:02.2	19:24/K
339	TEMUJIN BULLOCK	MCLEAN VA	4199	19	M	9 15-19	1:37:02.9	19:24/K